



FAZLANI AISHABAI & HAJI ABDUL LATIF CHARITABLE TRUST'S

**AISHABAI COLLEGE OF EDUCATION**

(Affiliated to S.N.D.T. Women's University)

**Address: Municipal School Building, J. J Hospital Compound,  
Gate no. 14, Byculla, Mumbai – 400008.**

## Criterion VI: Governance, Leadership and Management

### Key Indicator- 6.3 Faculty Empowerment Strategies

6.3.3 Number of professional development /administrative training programmes organized by the institution for teaching and non-teaching staff during the last five years.

Brochures / Reports along with  
Photographs with date and  
caption

## **Report on : National level Webinar on Conceptual Understanding on Pranayam & Meditation**

**Date : 19<sup>th</sup> June, 2019**

**Platform : Google Meet**

**Name of Webinar : National level Webinar on Conceptual Understanding on  
Pranayam & Meditation**

### **INTRODUCTION:**

On 19th June 2021, a National-level Webinar on "Conceptual Understanding of Pranayama & Meditation" was conducted, offering participants a deep dive into these ancient yogic practices. The webinar was led by Dr. Manmath Gharote, the Director of the Lonavala Institute, an esteemed figure in the field of yoga and pranayama. His expertise provided valuable insights into the physical, mental, and spiritual benefits of pranayama and meditation, highlighting their relevance in modern life.

The webinar was organized in collaboration with the Sports Committee and the Department of Accountancy of Smt. P. N. Doshi Women's College, Ghatkopar, Mumbai. Dr. Gharote's vast experience in the domain helped guide participants through the fundamental concepts, techniques, and scientific principles behind these practices, promoting holistic well-being and stress management.

This session was not only informative but also practical, engaging the audience in understanding the significance of these practices in daily life.

There were total 8 teachers who attended this webinar.

## CONCLUSION:-

In conclusion, the National-level Webinar on "Conceptual Understanding of Pranayama & Meditation" held on 19th June 2021 was a highly informative and transformative event. Led by Dr. Manmath Gharote, Director of the Lonavala Institute, the session successfully deepened participants' understanding of pranayama and meditation, emphasizing their significance in achieving mental clarity, physical health, and emotional balance.

The presence of eight dedicated teachers from Smt. P. N. Doshi Women's College, Ghatkopar, Mumbai, highlighted the importance of these practices in the educational and personal realms. The practical knowledge and techniques shared during the webinar empowered the attendees to incorporate these ancient tools into their daily lives, fostering overall well-being and enhancing stress management. The session was a valuable step toward promoting a holistic approach to life through yoga and meditation.



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Aishabai College of Education, Mumbai

Aishabai college of Education  
6.3.3 Number of professional development/administrative training programmes organised by the institution for teaching/and nonteaching staff during the last five years.



**FAZLANI HAJI ABDUL LATIF CHARITABLE TRUST'S  
AISHABAI COLLEGE OF EDUCATION  
IQAC ORGANISES**

*WOMEN- We Deserve to be SAFE*

**Webinar on**

***Empower Her :***

**Unleashing Confidence with Self Defense -  
A Workshop for Women**

**TUESDAY**

23<sup>rd</sup> January, 2024.

10:00 am. - 11:30 am.



**RESOURCE PERSON**

**Dr. Sandhya Khedekar**



**Dr. Shumaila Saif Siddiqui  
Principal**

## REPORT OF WEBINAR ON SELF DEFENCE

**DATE:** 23/01/24

**DAY:** Tuesday

**PLATFORM:** Google Meet

**NAME OF WEBINAR:** Empower Her: Unleashing Confidence with Self Defence

### **Introduction:**

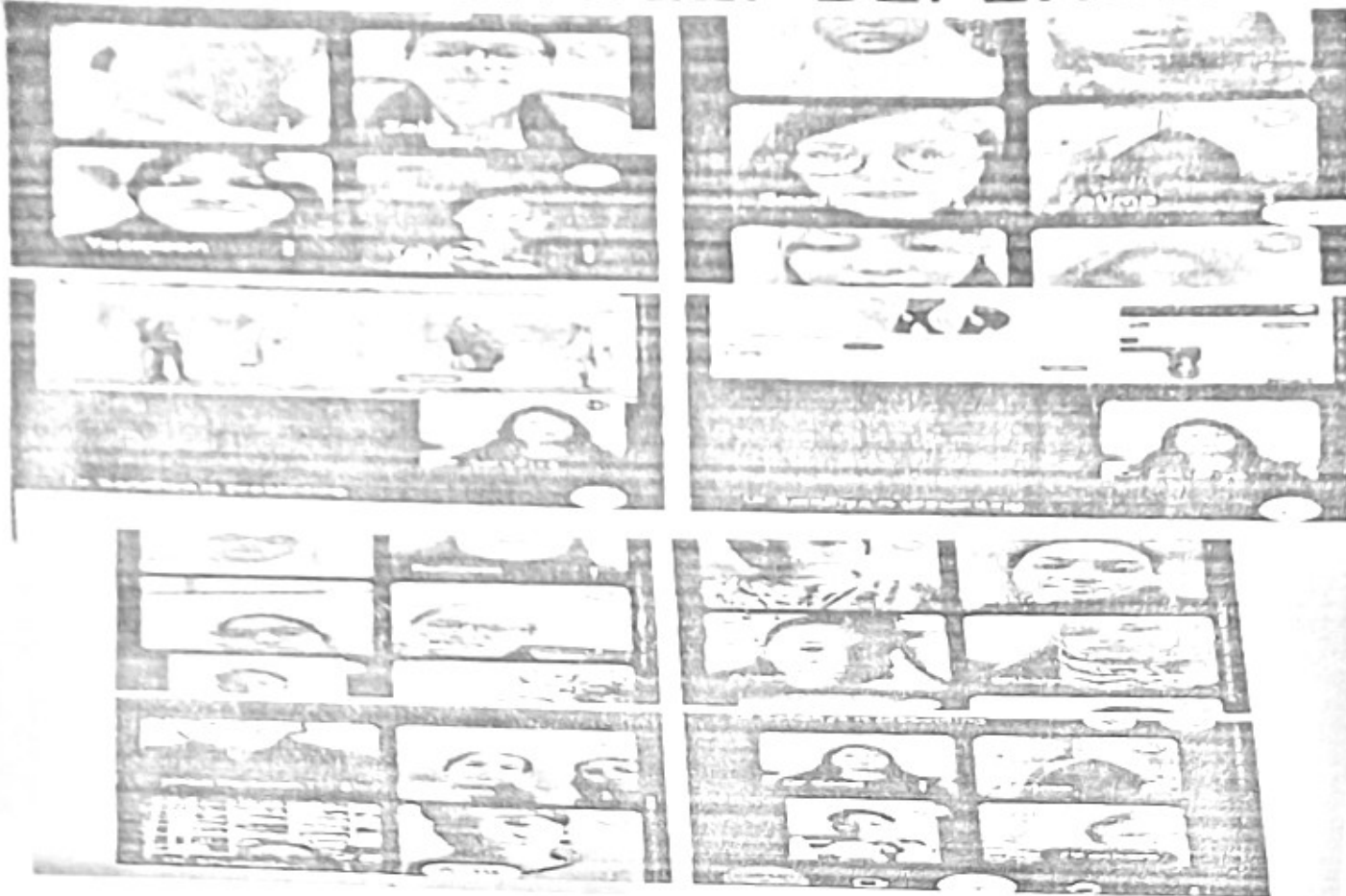
Aishabai College of Education organised a webinar on Self Defence for women. The webinar focused on enhancing teacher's confidence, teaching them practical self defence techniques & raising awareness about maintaining a safe environment for students. The webinar featured esteemed speaker **Dr. Sandhya Khedekar**. She is an expert in the field of self defence & has been giving the training for the same from 7 years. This webinar aimed to equip educators with essential self-defence skills, promoting safety and awareness in both personal and professional environments. Teachers often encounter situations where personal safety might be at risk.

### **Conclusion:**

The self-defence webinar was a valuable learning opportunity for teachers, providing them with essential skills to safeguard themselves and their students. The practical techniques, combined with increased awareness and confidence, contribute to creating a safer learning environment for all. All 7 Teachers were present for the webinar.

*Suman*

# UNLEASHING CONFIDENCE THROUGH SELF DEFENSE



*Shenas*

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Alshahid College of Education, Mumbai



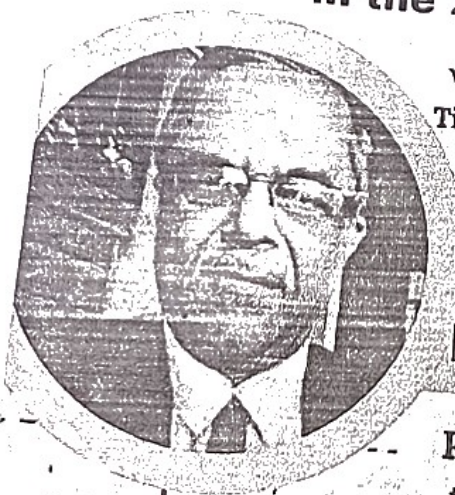


Fazlani Haji Abdul Latif Charitable Trust's  
AISHABAI COLLEGE OF EDUCATION  
IQAC organize  
a two-day webinar on

Higher Order Thinking Skills

"Unlocking Minds: Nurturing Higher  
Order Thinking Skills for Educators  
in the 21st Century"

Wed 24th & Thurs 25th January, 2024  
Time : 7:00pm - 8:30pm



Dr. Prakash Moghe

PLATFORM-ZOOM

to join



Scan me!

Principal

Dr. Shumaila Siddiqui



aishaedu@aishabaitrust.com



## Unlocking Minds: Nurturing Higher Order Thinking Skills for Educators in the 21st Century

Date: 24<sup>th</sup> January & 25<sup>th</sup> January 2024

Day: Wednesday & Thursday

Venue: Zoom

### Introduction:

The webinar, "Unlocking Minds: Nurturing Higher Order Thinking Skills for Educators in the 21st Century," conducted by Dr. Prakash Moghe, aimed to equip teachers with strategies to foster higher-order thinking skills (HOTS) among students. In today's rapidly evolving educational landscape, the development of critical thinking, problem-solving, creativity, and analytical skills is essential for both educators and learners. Dr. Moghe emphasized the importance of transitioning from traditional rote-based learning to an inquiry-driven, student-centered approach that promotes intellectual growth and adaptability in students.

### Conclusion:

Dr. Prakash Moghe's session highlighted the crucial role of educators in nurturing higher-order thinking skills, essential for success in the 21st century. The insights and practical strategies shared during the webinar will enable teachers to create more engaging, thought-provoking learning environments that prepare students for the challenges of the future. The session was not only a learning opportunity for educators but also a call to shift focus toward cultivating minds that can critically engage with the world. All teachers attended the webinar.



*Suman*

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Fazlani Aishabal & Haji Abdul Latif Charitable Trust's



# Aishabai College of Education, Commerce Club

IQAC CELL Collaborates with Krisha Foundation

Organize

Online Investor Awareness Program

On Saturday 17th February, 2024

At 7:00 PM

RESOURCE PERSON:  
AARTI MODI

**BIAP** |

Senior Associate: Business Development  
Board of Industry-Academia Partnerships

Registration link 

<https://us06web.zoom.us/join/9119nZGcKcBCTU>

Principal:

**Dr. Shumalla Siddiqui**

## Online investor awareness program

Date: 17/02/2024

Day: Saturday

Venue: Online Platform

### Introduction:

The Online Investor Awareness Program, conducted through a webinar, aimed at educating individuals about the essentials of smart investing and financial planning. This online webinar was conducted in collaboration with Krishna Foundation. Arti Modi commenced the webinar by elucidating the distinctions between primary & secondary markets, providing participants with a clear understanding of their roles in the financial markets. As a teacher, participating in this program provided valuable insights into various aspects of investment strategies, risk management, and financial security. The webinar focused on enhancing financial literacy, particularly in the context of online investments, stocks, mutual funds, and the significance of informed decision-making in personal finance.

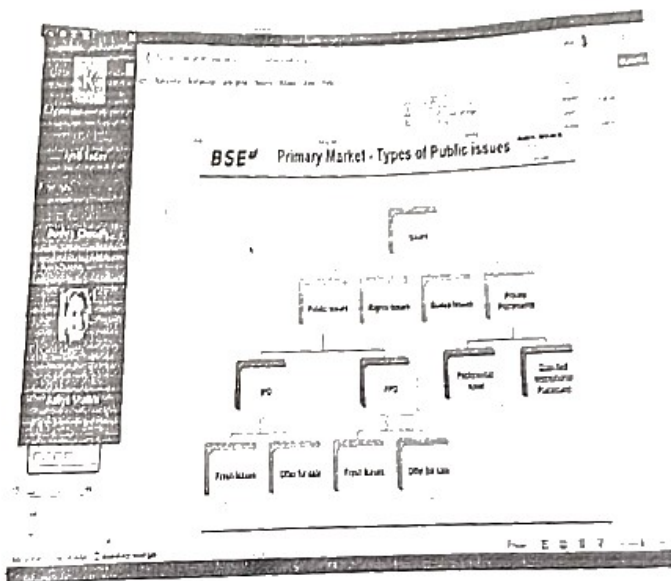
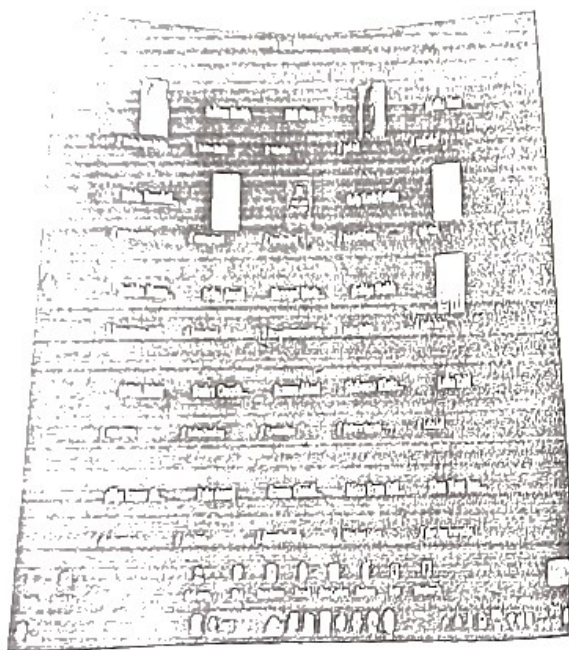
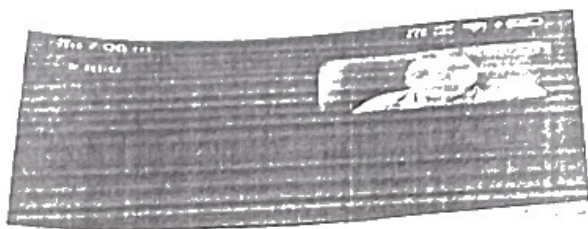
### Conclusion:

The webinar proved to be highly informative, offering practical knowledge and actionable tips on how to manage and grow personal finances. It emphasized the importance of being a well-informed investor and provided participants with the tools to make sound financial decisions. As a teacher, this knowledge is invaluable, not only for personal use but also for guiding students towards developing financial literacy at an early age. The program was a significant step towards fostering a culture of smart, responsible investing in today's digital era. All teachers attended the webinar and gained knowledge of the Do's & Don't's of investing in the stock market.



A handwritten signature in black ink, appearing to read "Shirad", written over a horizontal line.

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## Report on Electoral Literacy and Voter Awareness

Introduction: Electoral literacy is essential for promoting active citizenship and democratic participation. Teachers play a pivotal role in educating students and the community about the significance of voting and the electoral process. In this report, we will explore the importance of electoral literacy from the perspective of teachers and how they can foster awareness and responsible voter participation.

### Role of Teachers in Electoral Literacy:

#### 1. Educating Students on Democracy and Citizenship:

- Teachers explain the foundational principles of democracy, such as voting rights, the structure of government, and the importance of individual votes.
- Lessons on the history of voting rights, with an emphasis on suffrage movements, can inspire students to value their right to vote.

#### 2. Incorporating Electoral Education in the Curriculum:

- Topics on governance, civic responsibility, and the importance of elections are integrated into social studies and political science lessons.
- Teachers use classroom discussions, debates, and projects to engage students in thinking critically about electoral processes and voter responsibilities.

#### 3. Conducting Electoral Literacy Campaigns:

- Teachers organize mock elections and student government elections to provide hands-on learning experiences.
- Campaigns for voter awareness are held within schools, where students learn about electoral symbols, the process of voting, and how to verify voter lists.

#### 4. Promoting Voter Awareness in the Community:

- Teachers act as community leaders, encouraging voter registration drives and participating in election-related events.

- They work with local election commissions to promote the importance of casting informed votes in national and local elections.
- Teachers may also contribute to educating first-time voters through workshops and outreach activities.

#### 5. Encouraging Critical Thinking and Ethical Voting:

- Teachers guide students to analyze candidates' manifestos, understand campaign promises, and think critically about the issues affecting their communities.
- They emphasize the importance of voting based on values, ethics, and the common good, rather than being influenced by factors like caste, religion, or peer pressure.

#### 6. Collaborating with Election Authorities:

- Teachers often collaborate with electoral authorities to facilitate voter education sessions in schools.
- They provide logistical support for ensuring smooth voter registration processes for eligible students and parents.

#### Challenges Faced by Teachers:

- **Time Constraints:** Fitting electoral literacy into an already packed curriculum can be challenging.
- **Student Engagement:** Engaging students who might not yet be eligible to vote in discussions about electoral literacy can sometimes prove difficult.
- **Misinformation:** With the rise of social media, students are often exposed to misinformation, making it critical for teachers to focus on how to identify credible sources of information.

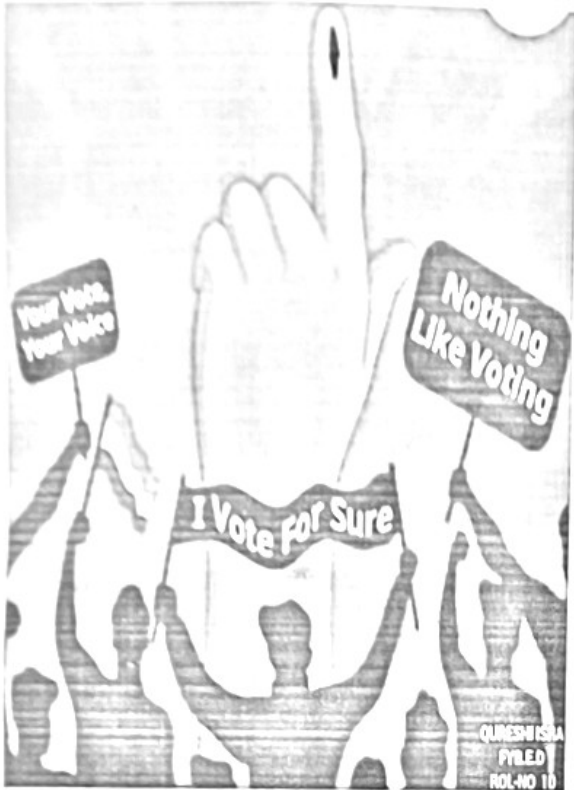
**Conclusion:** Teachers are instrumental in fostering electoral literacy and creating a culture of informed, active citizenship. By incorporating electoral education in classrooms and participating in community voter awareness drives, teachers contribute to building a stronger democratic society. Their guidance ensures that future generations are not only academically prepared but also socially responsible and aware of their rights and duties as voters.

*[Signature]*  
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Voting rights to build a powerful nation



QURESHWASIA  
PYLED  
ROL-NO 10

EDUCATION

**YOUR  
VOICE  
MATTERS**

BE  
HEARD

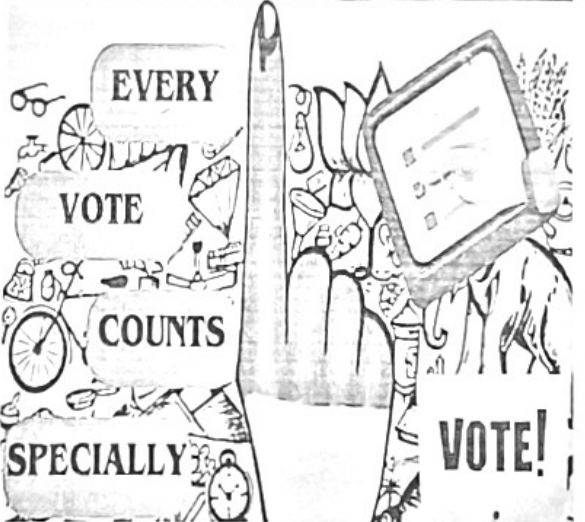
GO  
VOTE



EVERY VOTE MATTERS.

**NATIONAL  
VOTERS  
DAY**

EXERCISE YOUR RIGHT TO VOTE  
& STRENGTHEN OUR DEMOCRATIC  
VALUES







Glimpses of Event:

# Voter survey



*Shumail*



## Report on Nutrition and Diet

Introduction: Nutrition and diet are fundamental to the overall well-being and development of individuals, especially students. As teachers play a significant role in shaping the physical, mental, and academic development of children, they hold an important perspective on the significance of proper nutrition in students' lives. This report focuses on the role of nutrition and diet from the perspective of teachers, highlighting the impact on students' academic performance, behavior, and overall health.

### Role of Teachers in Promoting Nutrition and Healthy Diet:

#### 1. Influence on Students' Health and Academic Performance:

Teachers observe a direct connection between students' nutrition and their concentration, memory, and overall cognitive function. Poor nutrition often results in decreased attention spans, fatigue, and lower academic achievement.

- Malnutrition or unhealthy eating habits can lead to behavioral problems such as irritability, hyperactivity, and emotional instability, all of which affect classroom dynamics and learning outcomes.

#### 2. Incorporating Nutrition Education in the Curriculum:

- Teachers advocate for incorporating lessons on healthy eating habits into subjects like health, science, and physical education.
- Practical activities such as preparing balanced meal plans, learning about food groups, and understanding the importance of vitamins and minerals can help students make informed food choices.
- Teachers often use real-life examples to teach students about the consequences of both undernutrition and overnutrition, and how it impacts physical and mental health.

#### 3. Identifying Signs of Nutritional Deficiencies:

- Teachers are often the first to notice signs of poor nutrition, such as lethargy, frequent illness, or poor growth in students.
- In such cases, they provide crucial support by informing parents and school health officials about potential concerns and encouraging proper interventions.

#### 4. Promoting Healthy Eating Habits at School:

- Teachers help promote healthy eating by encouraging students to bring nutritious snacks and meals to school.
- They advocate for replacing unhealthy foods in school cafeterias with nutritious options, such as fruits, vegetables, and whole grains.

- Teachers also play a role in discouraging the consumption of junk food and sugary beverages, explaining the long-term effects of such foods on health and academic performance.
5. Collaboration with Parents and Health Experts:
- Teachers recognize the importance of working with parents to promote healthy eating habits at home. They often communicate with parents about their children's dietary habits and share resources to encourage balanced nutrition.
  - Collaborating with dietitians, nutritionists, and healthcare professionals is essential to ensure that students receive accurate information on nutrition. Workshops or seminars involving both teachers and parents can raise awareness about the importance of diet in child development.
6. Addressing Nutrition in a Diverse Classroom:
- Teachers must be sensitive to the cultural and economic diversity of students when discussing nutrition. They often consider dietary preferences, religious practices, and socioeconomic limitations that might affect students' access to certain foods.
  - In many cases, teachers need to address issues such as food insecurity, where students may not have access to sufficient nutritious food at home. This leads to discussions about school meal programs and how schools can help bridge the gap for undernourished students.

Conclusion: From a teacher's point of view, nutrition and diet play a pivotal role in students' physical health, cognitive development, and academic success. Teachers believe that proper nutrition not only enhances learning capacity but also contributes to positive classroom behavior and emotional well-being. Therefore, integrating nutrition education into the school curriculum and promoting collaboration between schools, parents, and health experts is essential for fostering healthy dietary habits among students.



*S. S. S.*  
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Affiliated to SNTD Women's University

**EDUCATE, ELEVATE, EMPOWER:**  
Aishabai's National Conference on  
Learning - 2024  
3E's : ANCL 2024

On

**EMPOWERING EDUCATION:  
REALIZING THE GOALS OF  
NEP 2020**


**TUESDAY**

 16TH APRIL, 2024

 09.00 AM to 05:00 PM

**SCAN FOR REGISTRATION**



 022-69069001

 [www.aishabaicollege.org](http://www.aishabaicollege.org)



**Patron**

**Dr. Abdul Kader Fazlan**  
Chairman & Founder of Fazlan Groups

## CHIEF GUEST



**Dr. Sunita Magra**  
Professor & Head of Dept.  
Dept. of Education,  
University of Mumbai

## GUEST OF HONOUR



**Dr. M. A. Khan**  
Prof & Director  
R.L. Dalwadi Institute of Management,  
Ex-Registrar of University of Mumbai

## EMINENT SPEAKERS



**Prof. (Dr.) Jasim Ahmad**  
Professor  
IASP, Faculty of Education,  
Jamia Millia Islamia, New Delhi





**Dr. Ali Asger**  
Assistant Professor  
(Senior Grade)  
(GATE)



**Dr. Sandhya Khedekar**  
Principal  
Open Education Society's  
SMAK BK AK Wahila  
Mehandrayan, Nashik

**EDUCATE. ELEVATE. EMPOWER: AISIABAF'S  
NATIONAL CONFERENCE ON LEARNING  
3E'S: ANCL 2023**

**Empowering Education: Realizing the Goal of NEP 2020  
Tuesday, 10th April, 2023**

 **Conference Schedule** 

**08:30 AM**

**REGISTRATION**

**09:00 AM**

**INAUGURATION**

**10:00 AM**

**KEY NOTE SPEAKER -  
Prof. Dr. Jasim Ahmed**

**11:00 AM**

**SHORT BREAK**

**11:15 AM**

**SPEAKER II  
Dr. Ali Asgar**

**12:00 PM**

**SPEAKER II -  
Dr. Sandhya Khedekar**

**01:00 PM**

**LUNCH BREAK**

**02:00 PM**

**TECHNICAL SESSION**

**3:30 PM**

**VALEDICTORY SESSION**

**05:00 PM**

**HIGH TEA**

## INAUGURATION SESSION

Venue: Multipurpose Hall

9:00 AM to 10:00 AM

Paper presenters who opted for offline mode will join in physical mode.

For outstation participants/special guests, the link is as follows:

To join the meeting on Google Meet, click this link:

[http://meet.google.com/zkj\\_ghen-iju](http://meet.google.com/zkj_ghen-iju) INAGURATION SESSION LINK

### KEYNOTE SPEAKER SESSION

10:00 to 11:00 AM

PROF. DR. JASIM AHMED

Professor

IASE, Faculty of Education,

Jamia Millia Islamia, New Delhi



Topic : NEP 2020 : Expectations, Challenges & Concerns

Short Break - 11:00 AM to 11:15 AM

(Venue: J J Girls Canteen)

### SPEAKER I -SESSION - HYBRID SESSION

11:15AM to 12:00 PM



DR. ALI ASGAR

Assistant Professor

(Senior Grade)

IGNOU

Topic: Role of Educators/ Teachers in the implementation of NEP 2020

### SPEAKER II -SESSION

12:00 PM to 1:00 PM

Dr. Sandhya Khedekar

Principal

Gokhale Education Society's

SMRK BK AK Mahila

Mahavidyalaya, Nashik.



Topic: Use of Technology in Teaching Learning process.

Lunch Break 1.00 PM to 2.00 PM

Followed by Parallel Sessions/Technical Session - 2:00 to 3:30 PM.

VALEDICTORY SESSION - 3:30 PM - 5:00 PM



# Empowering Education: Realizing The Goals Of NEP 2020

DATE: 16/04/2024

DAY: Tuesday

VENUE: Multipurpose Hall

## Introduction :

The National Education Policy (NEP) 2020, introduced by the Government of India, marks a paradigm shift in the education system. It emphasizes holistic, multidisciplinary, and flexible approaches aimed at transforming education in India. Teachers, being the cornerstone of the education system, play a pivotal role in realizing these goals. The policy's focus on competency-based learning, teacher training, and a shift toward digital and experiential learning has been immensely beneficial for educators. This report highlights how the NEP 2020 has empowered teachers and contributed to enhancing the overall teaching-learning process.

## Benefits to Teachers:

1. Continuous Professional Development (CPD)
2. Autonomy & Flexibility in Curriculum Design
3. Focus on Multidisciplinary & Experiential Learning.
4. Technology Integration & Digital Learning.
5. Improved Teacher – Student Ratio

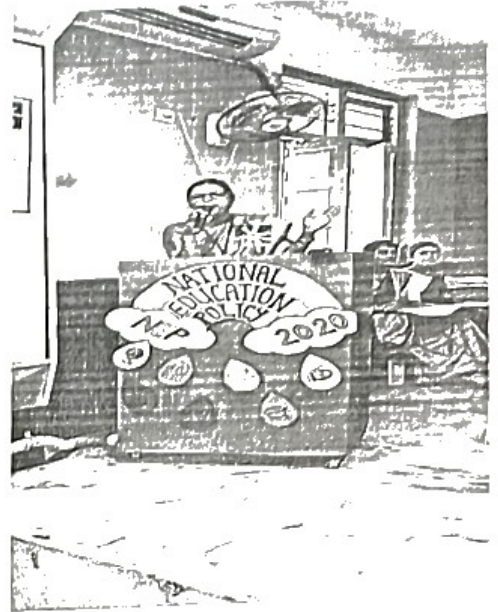
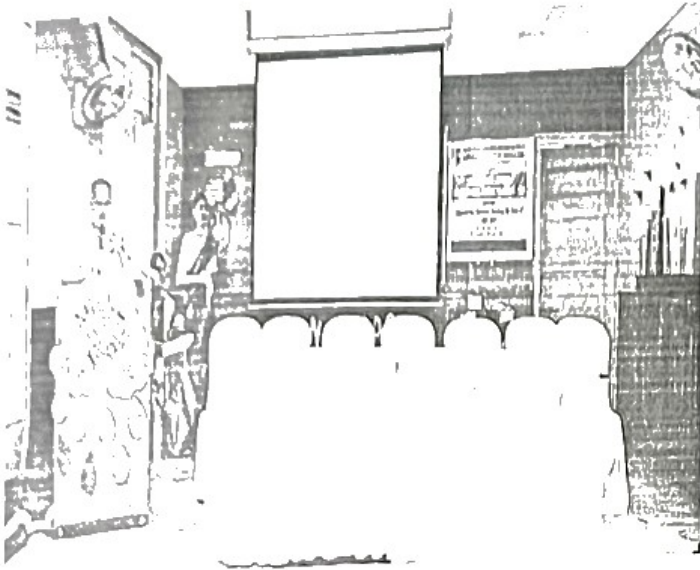
## Conclusion:

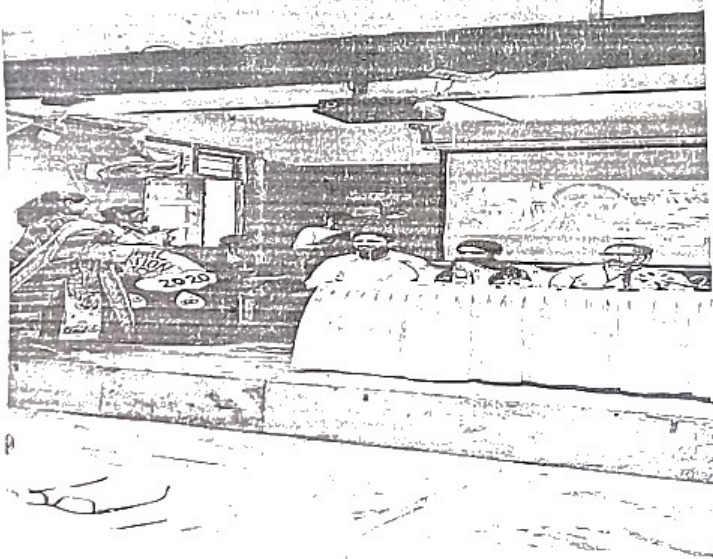
The NEP 2020 has empowered teachers by providing them with the tools, training, and flexibility needed to thrive in a rapidly evolving educational landscape. By prioritizing continuous professional development, technology integration, and flexible curricula, the policy has created a more conducive environment for teaching and learning. As teachers continue to implement the goals of NEP 2020, they are not only shaping the future of education in India but also contributing to the holistic



*Sunil*  
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development of the students they nurture. The policy is indeed a catalyst for empowering educators and transforming the educational ecosystem. All Teachers were present for the conference.





## Report on Workshop: Paper Bag Making

Date: 30<sup>th</sup> aug 2024

Venue: Multipurpose Hall, Aishabai College of Education

Time: 10:00 AM – 12:00 PM

Organizer: Aishabai College of Education

Facilitator: Ms. Kehkasha

Participants: B.Ed. Teachers and Students

Workshop Type: Skill Development and Environmental Awareness

### Introduction

Aishabai College of Education organized a workshop on *Paper Bag Making* for its B.Ed. teachers and students, with a focus on promoting eco-friendly alternatives to plastic bags. The workshop aimed to enhance teachers' awareness of environmental issues while also equipping them with practical skills that can be integrated into classroom projects and lesson plans.

### Workshop Content

The workshop started with a short presentation by Ms. Kehkasha on the detrimental effects of plastic waste and the need to adopt sustainable alternatives. She emphasized the importance of raising awareness among students and making paper bag creation an interactive and meaningful classroom activity. The participants were also introduced to the concept of using recycled materials to make paper bags, highlighting both cost-effectiveness and creativity.

### Key Activities:

**Demonstration:** Ms. Kehkasha demonstrated step-by-step how to create various types of paper bags, including simple grocery bags, decorative gift bags, and more complex designs.

1. **Hands-On Practice:** Teachers and students were provided with the necessary materials (old newspapers, craft papers, glue, and strings) and guided through the process of making their own paper bags.
2. **Discussion:** After the practical session, the participants engaged in a group discussion about integrating paper bag making into school activities. Teachers shared ideas on how these workshops could be linked to topics such as environmental education, arts, and crafts.

3. **Group Activity:** Teachers formed small groups and worked together to design innovative bags. Each group presented their creations, explaining how they would implement this activity in their classrooms.

### Teachers' Perspectives

The teachers found the workshop enriching and practical. Below are key points from their feedback:

- **Sustainability Integration:** Teachers appreciated the opportunity to learn a sustainable craft that can easily be integrated into various subjects, especially environmental studies and art education.
- **Community Engagement:** They expressed interest in involving their students in paper bag making as a community service project, aligning with the school's vision of promoting environmental awareness.
- **Skill Development:** The teachers recognized the value of teaching such practical skills to students, helping them develop creativity, fine motor skills, and a sense of responsibility toward the environment.
- **Classroom Management:** Some teachers shared that conducting paper bag-making sessions in the classroom could also serve as a tool for promoting teamwork and enhancing student engagement in hands-on learning activities.

### Conclusion

The workshop was well-received by the participants, particularly the teachers, who left with new ideas on how to incorporate sustainable practices into their teaching. The paper bag-making workshop not only addressed environmental concerns but also promoted creative thinking and skill-building among both teachers and students. It is expected that these teachers will implement similar workshops in their schools, thereby promoting the use of eco-friendly alternatives and fostering environmental stewardship among their students.

The college plans to organize follow-up sessions and community-based initiatives to spread this knowledge further.

This workshop stands as an example of how educators can influence positive environmental change through simple, yet impactful, activities



  
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