



FAZLANI AISHABAI & HAJI ABDUL LATIF CHARITABLE TRUST'S
AISHABAI COLLEGE OF EDUCATION

(Affiliated to S.N.D.T. Women's University)

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Criterion I – Curricular Aspects

Key Indicator- 1.2 Academic Flexibility

1.2.5

Any other relevant information

Question Bank of Self- study Courses

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2019 - 2020

Self-Study Course question paper on Book Review

Question:

Prepare a detailed report on the review of the book "*Title of the Book*" by *Author's Name*. Your report should include the following components:

1. **Summary of the Book:**
 - Provide a brief overview of the book's plot, main themes, and the primary focus of the narrative.
2. **Author's Background:**
 - Discuss the author's background and previous works. How do the author's experiences and other writings influence this book?
3. **Critical Analysis:**
 - Analyse the strengths and weaknesses of the book. Consider aspects such as character development, plot structure, writing style, and thematic depth.
4. **Personal Reflection:**
 - Share your personal insights and reflections on the book. How did it impact you or change your perspective? What aspects did you find particularly compelling or lacking?
5. **Comparative Analysis:**
 - Compare this book with other works by the same author or within the same genre. How does it stand out or fall short in comparison?
6. **Recommendation:**
 - Based on your analysis, recommend the book to specific audiences. Who would benefit most from reading this book and why?
7. **Conclusion:**
 - Summarize your overall evaluation of the book and its significance in its field or genre.

Instructions:

- Your report should be well-organized and clearly written, with each section addressing the components outlined above.
- Use examples from the book to support your analysis and reflections.
- Aim for a report length of approximately 1500-2000 words.

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Social Skills Enhancement MCQ Question Paper

Total Marks: 20

Date: 15-2-2023

Time: 40 mins.

Instructions:

- Choose the most appropriate answer for each question.
- Each question carries 1 mark.
- Answer all questions.

1. **Which of the following is a key component of effective communication?**
 - A) Interrupting
 - B) Active listening
 - C) Avoiding eye contact
 - D) Speaking loudly
2. **What is the primary benefit of role-playing exercises in social skills training?**
 - A) Reduces classroom noise
 - B) Enhances memorization of facts
 - C) Provides a safe space for practicing social interactions
 - D) Increases individual competition
3. **Which strategy is most effective for improving non-verbal communication skills?**
 - A) Reading textbooks
 - B) Observing and mimicking others
 - C) Ignoring body language
 - D) Memorizing speeches
4. **Which of the following best describes empathy?**
 - A) The ability to argue effectively
 - B) Understanding and sharing the feelings of others
 - C) Competing with peers
 - D) Avoiding conflicts
5. **In a group discussion, what is a good practice to ensure all members are heard?**
 - A) Dominating the conversation
 - B) Avoiding eye contact
 - C) Encouraging quiet members to contribute
 - D) Focusing only on your own opinions
6. **Which of these is an example of positive reinforcement in social skills training?**
 - A) Criticizing mistakes
 - B) Ignoring achievements
 - C) Praising appropriate behavior
 - D) Withholding feedback
7. **What role does self-awareness play in enhancing social skills?**
 - A) It helps in avoiding social interactions
 - B) It increases understanding of personal behavior and its impact on others
 - C) It decreases the need for feedback
 - D) It leads to isolation from others

8. **Which technique is commonly used to develop active listening skills?**
 - A) Making assumptions
 - B) Paraphrasing what the speaker has said
 - C) Multitasking during conversations
 - D) Focusing on your own responses
9. **What is a common barrier to effective social interactions?**
 - A) High self-esteem
 - B) Open-mindedness
 - C) Prejudice and stereotypes
 - D) Empathy
10. **How can teachers create an environment that fosters social skill development?**
 - A) By discouraging group work
 - B) By providing opportunities for collaborative activities
 - C) By avoiding feedback
 - D) By focusing only on individual tasks
11. **Which of the following activities can help students practice conflict resolution skills?**
 - A) Watching TV
 - B) Engaging in competitive games
 - C) Participating in mediated role plays
 - D) Ignoring disagreements
12. **What does the term "assertive communication" mean?**
 - A) Speaking loudly and forcefully
 - B) Expressing one's own needs and feelings in a respectful and clear manner
 - C) Avoiding confrontation
 - D) Dominating conversations
13. **Which social skill is essential for building positive relationships?**
 - A) Assertiveness
 - B) Aggressiveness
 - C) Avoidance
 - D) Ignorance
14. **What is the purpose of feedback in social skills training?**
 - A) To criticize students' behavior
 - B) To provide students with guidance on improving their social interactions
 - C) To avoid addressing issues
 - D) To limit student participation
15. **Which practice helps in managing social anxiety?**
 - A) Ignoring fears
 - B) Practicing relaxation techniques and gradual exposure
 - C) Avoiding social situations
 - D) Focusing on negative outcomes
16. **What is the impact of cultural differences on social skills?**
 - A) They have no impact
 - B) They can affect communication styles and norms
 - C) They make social skills less important
 - D) They are irrelevant to social interactions
17. **What is an example of a good strategy for effective teamwork?**
 - A) Focusing solely on individual tasks
 - B) Encouraging open communication and mutual support
 - C) Competing with team members
 - D) Avoiding group discussions

18. Which of the following is a sign of poor social skills?

- A) Engaging in active listening
- B) Expressing emotions appropriately
- C) Constantly interrupting others
- D) Respecting personal boundaries

19. How can feedback be most effectively delivered in a social skills training context?

- A) In a public setting to embarrass the student
- B) In a private and constructive manner
- C) Without specific examples or suggestions for improvement
- D) Only at the end of the course

20. Which aspect of social skills is most likely to improve through group activities?

- A) Personal time management
- B) Collaboration and teamwork
- C) Individual academic performance
- D) Solitary problem-solving