

## FAZLANI AISHABAI & HAJI ABDUL LATIF CHARITABLE TRUST'S AISHABAI COLLEGE OF EDUCATION

## (Affiliated to S.N.D.T. Women's University)

<u>Address</u>: Municipal School Building, J. J Hospital Compound, Gate no. 14, Byculla, Mumbai – 400008.

## **Criterion I – Curricular Aspects**

Key Indicator- 1.2 Academic Flexibility

1.2.2

**Any other relevant Information** 

## **Academic Year 2023 – 2024**

## 1) Life of Prophets

As part of the Language Laboratory set up at Aishabai College of Education, we have set up audios to be heard and quizzes to be answered based on that. Certificates will be awarded at completion of the course.

**Course Outcome**: To develop listening and reading skills of the students

#### 1. P. ADAM AS

https://docs.google.com/forms/d/1JdPEvuFSVgmuISiW0kUbdp8EBwbvdzJUcBHdLpl6keM/edit

#### 2. P. NOOH AS

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#### 3. P. ISMAIL AS

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## 4. P.SHOEB AS AND P.ISHAAQ AS

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#### 5. P. YUSUF AS

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#### 6. P. AYYUB AS

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## 7. QUIZ ON P. MUSA AS

## A. https://forms.gle/5LUrSqFdVDn3pxPe8

B.https://docs.google.com/forms/d/e/1FAIpQLSeNJuA8IKILpIboi\_s4n\_yt2utAIRfhrlMhWIcBQYdMBdmx6A/viewform?vc=0&c=0&w=1&flr=0&usp=mail\_form\_link

#### 8. P. ISA IBN MARYAM AS

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#### 9. P. YAHYA AS

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## 2) Communicative English

## Course Title: Communicative English Speaking for Beginners Course Objective:

To help beginners develop basic speaking skills in English with a focus on phonetics and grammar.

Course Outline:

#### **Week 1: Introduction to Phonetics**

Overview of the International Phonetic Alphabet (IPA) Practice pronouncing English sounds using the IPA Introduction to English vowel sounds Practice pronouncing English vowel sounds

## **Week 2: English Consonant Sounds**

Introduction to English consonant sounds
Practice pronouncing English consonant sounds
Focus on consonant clusters and blends
Practice pronouncing consonant clusters and blends

## Week 3: Syllable Stress and Intonation

Introduction to syllable stress and intonation Practice identifying syllable stress in words Practice using appropriate intonation in sentences

#### Week 4: Basic Grammar

Introduction to Basic English grammar
Practice using verb tenses correctly
Practice using nouns, adjectives, and adverbs correctly
Focus on sentence structure and word order

#### **Week 5: Conversational Phrases and Idioms**

Introduction to common conversational phrases and idioms
Practice using phrases and idioms in context
Focus on using appropriate intonation and stress when using phrases and idioms

#### Week 6: Role-Playing and Guided Conversations

Practice using English in everyday situations through role-playing Focus on using appropriate grammar, vocabulary, and pronunciation in conversations

Guided conversations to practice using English in real-life situations

## Week 7: Listening and Speaking

Focus on listening comprehension through audio and video recordings Practice summarizing and describing what you heard Focus on using appropriate pronunciation and grammar when speaking

## Week 8: Final Project

Final project where students practice using English in a real-life situation Students will present their project to the class and receive feedback

#### **Course Materials:**

Will be given in class
Workbook: TBA
Audio and video recordings

Whiteboard and markers

#### **Course Assessment:**

Class participation and attendance Weekly quizzes on phonetics, grammar, and vocabulary Final project presentation and feedback Course Prerequisites: None

## **Course Target Audience:**

Beginners with little to no prior knowledge of English
Those who want to improve their speaking skills in English
Those who want to focus on phonetics and grammar in their English learning journey

## **Course Learning Outcomes:**

- Students will be able to pronounce English sounds correctly using the International Phonetic Alphabet (IPA).
- Students will be able to identify and use English vowel sounds and consonant sounds correctly.
- Students will be able to use appropriate syllable stress and intonation in their speech.
- Students will be able to use basic English grammar correctly, including verb tenses, nouns, adjectives, adverbs, and sentence structure.
- Students will be able to use common conversational phrases and idioms in context.
- Students will be able to practice using English in everyday situations through role-playing and guided conversations.
- Students will be able to listen to audio and video recordings and summarize and describe what they heard

Here are some practice sentences for verbs:

- 1. She sings beautifully.
- 2. I love to dance.
- 3. They play football every weekend.
- 4. He reads books in his free time.
- 5. We eat dinner at 7 o'clock.
- 6. The cat sleeps on the couch all day.
- 7. My brother runs marathons.
- 8. She writes poetry as a hobby.
- 9. They swim in the pool during summer.
- 10. He paints amazing landscapes.

Remember, practicing these sentences aloud can help improve your pronunciation and fluency in using verbs correctly in English sentences. Verb Tenses: 1. I \_\_\_\_\_ (to be) a student. 2. She \_\_\_\_\_ (to teach) English. 3. They \_\_\_\_\_ (to play) soccer. 4. We \_\_\_\_\_ (to watch) a movie last night. 5. He \_\_\_\_\_ (to finish) his homework yet? 6. The dog \_\_\_\_\_ (to bark) at the mailman. 7. The baby \_\_\_\_\_ (to cry) for attention. 8. They \_\_\_\_\_ (to travel) to Europe last year. 9. I \_\_\_\_\_ (to enjoy) playing video games. 10. She \_\_\_\_\_ (to have) a birthday party last weekend. Verb Tenses: 1. I \_\_\_\_\_ (to be) a student for three years. 2. They \_\_\_\_\_ (to live) in this city for ten years. 3. She \_\_\_\_\_ (to study) English for two years. 4. We \_\_\_\_\_ (to work) on this project for a month. 5. He \_\_\_\_\_ (to be) sick for a week. 6. The company \_\_\_\_\_ (to expand) its business last year.
7. The tree \_\_\_\_ (to grow) taller every year. 8. I \_\_\_\_\_ (to learn) a lot from this course. 9. She \_\_\_\_\_ (to teach) at this school for five years. 10. They \_\_\_\_\_ (to come) to visit us next week. Modals: 1. I \_\_\_\_\_ (can/could) speak French when I was younger. 2. She \_\_\_\_\_ (must/has to) finish her report by tomorrow. 3. They \_\_\_\_\_ (should/ought to) arrive at 8 PM. 4. We \_\_\_\_\_ (may/might) go to the beach this weekend. 5. He \_\_\_\_\_ (must not/can't) eat meat for medical reasons. 6. The dog \_\_\_\_\_ (does not have to/does not have to) wear a leash. 7. The baby \_\_\_\_\_ (can/is able to) sit up by himself now. 8. They \_\_\_\_\_ (do not have to/do not have to) work on weekends.

9. I \_\_\_\_\_ (can/am able to) play the piano.

10. She \_\_\_\_\_ (has to/must) get up early for work.

(was thrown) by John.
(is being read) by Sarah.
(will be finished) by next week.
(was postponed) until next month.
(was cut down) by the farmer.
(is being repaired) at the moment.
(was written) by her.
(was stolen) from the bank.
(is being sung) by the choir.
(was cooked) by my mother.
(to get up) early every morning.
(to get on) the bus at the next stop.
(to put off) their trip until next year.
(to take in) a homeless person last night.
(to turn off) the TV before going to bed.
(to take to) chasing squirrels.
(to grow up) so fast.
(to get away) from the city for a while.
(to pick up) some groceries

#### **ADJECTIVES**

Here are some practice sentences for adjectives:

- 1. The movie was exciting and thrilling.
- 2. She is a kind and generous person.
- 3. The sunset was breathtakingly beautiful.
- 4. He is a talented and creative artist.
- 5. The food at the restaurant was delicious and flavorful.
- 6. My new car is fast, sleek, and stylish.
- 7. The book I read was interesting and thought-provoking.
- 8. Her dress is elegant and sophisticated.
- 9. They live in a cozy, comfortable house by the beach.

Remember to pay attention to the placement of adjectives before nouns or after linking verbs, as well as using appropriate forms (comparative or superlative) when necessary.

Practicing these sentences will help you become more familiar with using adjectives accurately in English conversations or writing tasks

So here are some more practice sentences for **adjectives**:

- 1. The delicious cake was devoured in seconds.
- 2. She wore a beautiful dress to the party.
- 3. The comfortable bed made me feel right at home.
- 4. The busy street was filled with people.
- 5. He has a tall, dark, and handsome appearance.
- 6. The sweet aroma of freshly baked cookies filled the kitchen.
- 7. The old, worn-out shoes were no longer usable.
- 8. The bright sunlight made it hard to see.
- 9. The elegant furniture added a touch of class to the room.
- 10. The noisy neighbors kept me up all night.

Here are some more practice sentences for adverbs:

- 1. She sings beautifully. (adverb: beautifully)
- 2. He speaks loudly. (adverb: loudly)
- 3. The kids played outside happily. (adverb: happily)
- 4. The teacher spoke slowly and clearly. (adverbs: slowly, clearly)
- 5. The plane took off smoothly. (adverb: smoothly)
- 6. They drove carefully through the storm. (adverb: carefully)
- 7. She cooked dinner quickly. (adverb: quickly)
- 8. The team worked together efficiently. (adverb: efficiently)
- 9. He ran fast in the race. (adverb: fast)
- 10. The concert was amazing and the band played enthusiastically. (adverbs: amazing, enthusiastically)

Remember that adverbs can give us information about manner, time, place, frequency, and degree. They can also be used to describe verbs, adjectives, and other adverbs. Practicing these sentences will help you become more familiar with using adverbs accurately in English conversations or writing tasks.

Certainly some more practice sentences for adverbs:

- 1. She dances gracefully.
- 2. He ran quickly to catch the bus.
- 3. The car drives smoothly on the highway.
- 4. They spoke softly so as not to wake the baby.
- 5. The team played well and won the match.

- 6. She carefully painted each stroke of the artwork.
- 7. He eagerly listened to his favourite band's new album.

Remember that adverbs often describe verbs, but they can also modify adjectives or other adverbs in a sentence.

Practicing these sentences will help you become more familiar with using adverbs accurately in English conversations or writing tasks

## 3) Pidilite Skill Development Certificate Course

#### LEARNING OBJECTIVES-

- 1. Develop practical proficiency in various art and craft techniques such as Dabu painting, pebble art, and spray painting.
- 2. Foster creativity and innovation by encouraging students to explore different mediums and styles of artistic expression.
- 3. Cultivate organizational and presentation skills through the planning and execution of an exhibition to showcase their work to a wider audience.
- 4. Enhance teamwork and collaboration abilities by collectively curating and managing the exhibition, thereby promoting a sense of community and shared achievement among student participants.
  - i. Tie and dye -18/03/2024
  - ii. Jewelry Making using Mouldit Clay 19/03/2024
- iii. Poppies on Canvas -20/03/2024
- iv. Shibori Techniques 22/03/2024
- v. Fluid Art  $\frac{23}{03} \frac{2024}{2024}$
- vi. Exhibition 04/04/2024

# VALUE ADDED COURSE 2023 - 2024

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16	SHAIKH RAFIYA REHMATULLAH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
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4	ANSARI NABA ABDUL RAHIM	P	Р	Р	P	p	p	p	0	ρ	0	ρ	ρ	p	P	ρ
3	ANSARI NAUSHABA MUBEEN AZHAR	р	р	Р	P	р	p	р	P	P	p	p	P		Р	P
6	ANSARI RAMEEZA FIROZ	A	P	P	P	P	P	P	P	ρ	P	P	P	ρ	P	ρ
7	ANSARI SHAFIQA KAMALUDDIN	р	ρ	Р	Р	p	P	P	P	ρ	p	P	P	P	ρ	ρ
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9	ANSARI YASMEEN MOHD SHAMIM AKHTAR	P	P	P	P	p	p	р	P	P	ρ	0	p	ρ	ρ	Р
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13	CHAUHAN HAFSA USMAN GANI	P	ρ	P	P	ρ	P	Р	p	р	ρ	ρ	ρ	P	p	0
14	CHAUHAN KASTURI SURESH	P	Р	ρ	Р	p	P	p	ρ	P	P	p	P	P	p	P
15	CHAWRASIA REENA SANTOSH	р	p	P	P	p	ρ	p	p	p	P	P	ρ	P	A	P
6	CHOUDHARI NOORJAHAN IDREES	р	p	P	P	p	P	p	p	р	P	P	A	P	P	P
7	CONTRACTOR INSHIYA	P	P	P	P	P	p	P	p	P	P	D	P	P	P	ρ

8	DUBEY ANSHU	P	P	P	P	3/12	8/12	P	P	9	P	P	12/10	11/12	18/10	44/12
9	IDRISI AMINA MOHAMMAD ASLAM	P	P	D	p	p	P	P	p	P	P	p	P	P	P	P
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14	JETPURWALA LAMYA MUSTAFA	P	p	P	ρ	P	p	p	ρ	p	ρ	ρ	P	P	P	P
5	KAGALWALA ARWA HUZEFA	P	p	ρ	P	P	P	P	P	P	P	ρ	P	Α	P	P
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2	KHAN ARMINA Mujibar Rahaman	р	р	p	P	Р	ρ	ρ	De	P	P	Р	p	p	p	P
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4	KHAN FATIMA MOHD TARIO	P	Р	p	P	Р	P	P	Р	р	р	P	ρ	p	P	p
5	KHAN FIRDOS SAHIR HUSSAIN	Р	ρ	P	ρ	P	p	p	ρ	p	р	р	P	p	P	Р
6	KHAN MALIKA YUSUF	p	ρ	P	Р	P	P	P	P	P	P	P	P	P	P	P
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44	MAPARI AASMA FEROZ AHMED	Р	Р	р	p	Р	ρ	Р	Ρ	P	Р	Р	Р	P	Р	P
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46	MERCHANT MUSKAN FATIMA MUNAWARALI	Р	Р	ρ	Р	Р	Р	P	р	P	P	ρ	Р	Р	ρ	P
47	MIRZA ERAM BANO SHAHID	P	p	ρ	P	P	Р	Р	ρ	Р	Р	P	P	ρ	P	P
48	MISTRY NAMIRA ABDULWAHAB	Р	p	p	Р	р	p	р	p	p	P	р	Р	Р	Р	P
49	OSMANY NIDA MUSHFIQUE	P	A	Р	р	p	Р	p	P	ρ	Р	P	Р	Р	р	P
50	PARDAWALA FATEMA MURTAZA	Р	Р	Р	p	р	Р	P	P	р	Р	Р	P	Р	Р	р
51	PARDAWALA SAKINA MURTAZA	Р	P	p	р	р	P	P	P	p	P	р	Р	р	Р.	Р
52	PATHAN SAADIYA SALIM	P	P	P	P	P	P	P	P	P	P	P	Р	P	P	P
5	PRAJAPATI KOMAL	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	HARIJAN POOJA * 4 SHIVAKUMAR	P	P	P	Р	p	p	Р	Р	p	P	P *	Р	P	p	P
5	5 QURESHI AIMAN	P	P	P	P	P	P	P	P	P	p	P	P	P	P	P
5	6 FARHEEN SALMAN KHAN	P	P	P	P	P	P	p	P	P	P	P	P	P	P	0
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64	SHAIKH AFRIN ASMAT MASOOD	P	P	P	P	P	P	P	P	p	p	P	₽	Р	p	P
65	SHAIKH ALFIYA ABDUL RASHID	P	P	P	P	ρ	p	ρ	P	p	ρ	P	Р	P	P	P
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68	SHAIKH HUMERA HASAN	P	P	P	P	P	P	P	P	P	P	ρ	ρ	P	P	P
69	SHAIKH INSHA ILYAS	P	P	P	P	p	P	P	P	P	P	ρ	P	P	P	P
70	SHAIKH MARJUM BANO RIYAZ	Р	P	P	Р	р	ρ	Р	р	Р	ρ	p	Р	P	Р	P
71	SHAIKH MUMTAZ BEGUM SALAHUDDIN	ρ	P	ρ	ρ	Р	Р	ρ	P	ρ	ρ	P	Р	A	ρ	Р
72	SHAIKH NAHIDA EJAZ AHMED	Р	A	ρ	Ρ	Р	Р	ρ	Р	ρ	ρ	Р	P	P	ρ	Р
73	SHAIKH NAVISHTA ASLAM	ρ	P	ρ	ρ	ρ	P	Р	Р	р	p	ρ	P	р	p	P
74	SHAIKH QUNOOT FATIMA BARKAT ALI	Р	P	Р	Р	Р	ρ	ρ	Р	ρ	P	Р	Р	P	P	Р
75	SHAIKH RUKHSAR PARVEEN MOHD ISHRA	ρ	Р	ρ	Р	ρ	P	P	Р	Р	Р	Р	Р	р	P	P
76	SHAIKH SABAH MOHEMMAD JAHANGIR	P	Р	p	P	ρ	ρ	P	P	Р	Р	р	р	P	ρ	Р
77	SHAIKH SÄIMA BIBI RAFIQUE	ρ	Р	P	P	P	ρ	ρ	Р	ρ	A	P	Р	Р	P	Р
78	SHAIKH SAMEERA ABUSAAD ALAM	Р	p	P	P	Р	ρ	р	Р	P	р	р	р	ρ	Р	Р
79	SHAIKH SWALIHA KHATUN MOHAMMED YA	ρ	ρ	P	P	р	P	Þ	P	ρ	P	ρ	Р	р	P	p
80	SHAIKH TAHSEEN FATIMA	P	P	ρ	ρ	P	ρ	P	ρ	р	р	P	P	P	. p	p
81	SHAIKH TEHSEEN SAYYEDALI	p	Р	Р	Р	P	P	Ρ	p	P	P	р	P	P	P	P
82	SHAIKH ZAIBA PARVEEN SHAFI	P	P	p	Р	Р	P	P	p	p	P	P	ρ	p	р	p

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83	SHAIKH ZEBA FATEMA LAL MOHD	P	p	ρ	ρ	ρ	P	ρ	ρ	ρ	p	P	Р	P	P	P
84	SHARMA ANJALI BHARAT	ρ	P	ρ	P	P	P	p	D	P	p	ρ	P	P	P	P
85	SIDDIQUI ARSHI ABADUR REHMAN	P	ρ	P	p	p	P	P	Р	P	P	p	P	р	Р	P
86	SIDDIQUI MAHELQA BANU NISAR AHM	P	P	P	P	P	A	p	P	р	Р	Р	P	Р	P	P
87	YADAV JYOTI HARISH	P	P	ρ	P	ρ	ρ	D	ρ	P	P	P	P	ρ	b	P
88	ZEBA ABDUL RAQEEB KHAN	P	P	ρ	P	Р	P	P	P	P	ρ	P	P	P	P	A
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## AISHABAI COLLEGE OF EDUCATION VALUE ADDED COURSES 2023 - 2024 COMMUNICATIVE ENGLISH

SR.	NAME OF STUDENT	wee	k1	week		-	r 1	-	K 2	(20	1 2	Lue	et 2	1,20	ek	3
NO.	NAME OF STUDENT	811124	911111	10/1/14	2 visito	124124	3)424	/th.	16/1/24	Chica	16/38	હળ મિ	20114	20]1	to the	اعدا
01	ANSARI AMIMA NIYAZ AHMED	P	P	P	P	P	P	p	P	P	P	P	P	P	P	0
02	ANSARI GULSHAN KHAIRUDDIN	P	P	ρ	P	P	P	P	P	P	7	P	p	P	p	P
03	NAHEEDA AFREEN MOHD KHALID ANZAR	P	þ	P	P	ρ	p	P	p	p	P	p	P	ø	,	P
05	KHAN ALFIYA KAUSAR IRSHAD AHMED	P	P	P	P	p	P	P	P	P	P	P	P	7	P	0
06	MIRZA ERAM FATIMA	P	P	P	0	P	P	P	9	P	9	P	9	P	9	P
07	MODAN ALFIYA ABDUL GAFARBHAI	P	φ	0	P	P	P	p	1	P	A	P	P	8	p	P
08	PAGARE RADHIKA RAJESH	P	P	P	p	P	P	p	P	P	p	P	P	Ŷ	Þ	P
09	PALWANKAR SHIVANI TEJAS	9	Æ	P	P	P	P	p	P	P	P	А	P	P	p	P
10	QURESHI ISRA MOHD AZAM	P	ρ	P	P	P	P	6	P	P	P	p	9	P	P	P
11	RAHATWAL NIDHI SAUJANYA	P	9	P	p	p	P	P	P	P	P	P	P	P	P	P
12	SAYED ANAM MOHD SHAFI	P	P	P	P	P	Q	P	P	p	* p	P	P	P	p	0
14	SHAIKH ARSHIYA GULZAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15	SHAIKH FAUQUIYAH VAZIR	P	P	P	P	P	P	P	P	P	P	p.	P	P	P	P
16	SHAIKH RAFIYA REHMATULLAH	P	P	ρ	P	P	P	P	P	P	P	P	P	P	P	9
17	SHAIKH SANA PARVEEN	P	P	P	P	P	P	P	P	P	P	P	P	P	P	7
18	SHAJKH SANIYA TABASSUM	P	P	P	P	P	P	P	P	P	P	D.	P	P	Y	9

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20	SHAIKH SHAZIYA MOHAMMED UZAIF	8	P	P	A	P	p	p	P	P	P	P	p	8	p	P
22	TALKAR LAIBA ZAID	P	9	P	0	4	P	7	9	2	P	0	Ŷ	1	10	
23	WAVEKAR APARNA ASHOK	P	1	P	P	P	P	r	P	0	P	A	P	P	0	P
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## AISHABAI COLLEGE OF EDUCATION VALUE ADDED COURSE 2023 - 2024

				- "	COMN	AUNIC/	ATIV	E ENG	LISH							
SR	NAME OF THE	week	1	week	1	we	1	wee	12	1-64	×2	bee	12	loc	et 3	
NO	STUDENT	8 1/14	9/1/24	tolelon	white	12/1/24	13/14	16/1/24	76]+	13hira	re lil ter	Miritu	20/1/24	2211	234	John
1	AIBANI RUMANA	P	0	P	D	0	D	0	0	60	· C	P	0	0	0	0
2	AISHA ANJUM MOHD NASIR	P	P	P	p	e	0	10	0	P	0	P	0	o	0	0
3	ANSARI FATIMA	P	P	P	D	0	1	1	0	0	10	0	,	0	0	2
4	ANSARI NABA ABDUL RAHIM	ė	P	P	8	P	0	P	0	0	0	0	p	0	9	0
5	ANSARI NAUSHABA MUBEEN AZHAR	P	P	P	0	1	P	0	P	p	0	P	P	0	p	0
6	ANSARI RAMEEZA FIROZ	P	Р	8	ρ	9	P	P	0	P	p	P	0	8	D	0
7	ANSARI SHAFIQA KAMALUDDIN	P	P	P	P	P	p	P	9	P	P	p	6	0	0	0
8	ANSARI TUBA ANIS	P	P	P	0	0	P	0	0	ò	P	0	0	0	0	-10
9	ANSARI YASMEEN MOHD SHAMIM AKHTAR	P	A	P	P	P	P	P	P	p	p	P	ρ	P	P	P
10	BAIG KANIZ FATMA ABDUL HAKIM	P	р	P	0	ρ	P	P	P	0	P	P	p	P	D	P
11	CHANDIWALA ROOMA JAN MOHAMMED	P	P	P	p	p	p	P	P	P	P	P	P	op.	1	P
12	CHAUDHARY BUSHRA GULAM HAZRAT	P	0	P	p	p	p	p	8	0	P	P	P	P	P	P
13	CHAUHAN HAFSA USMAN GANI	P	p	Ρ	P	1.0	P	P	P	0	p	P	A	P	P	P
14	CHAUHAN KASTURI SURESH	p	p	P	P	p	P	Þ	P	p	P	P	p	p	P	P
15	CHAWRASIA REENA SANTOSH	P	P	P	1	P	p	P	P	0	p	P	b	P	P	P
16	CHOUDHARI NOORJAHAN IDREES	7	P	P	P	P	P	P	P	p	P	P	p	P	P	P

		811	11	(0)	1,4	12/1	13)	15/1	16/1	711	18 1	19/1	20 1	22/1	23	2
	CONTRACTOR INSHIYA	00	-6	1	1	8	1	1	P	P	P	P	9	P	P	3
18.	DUBEY ANSHU	0	P	P	10	1	1	1	P	P	P	0	1	1	0	1
19	IDRISI AMINA MOHAMMAD ASLAM	P	8	P	P	P	P	P	p	P	P	P	1	P	1	2000
20	IDRISI SABA MOHD SHARIF	P	P	9	1	P	P	P	P	P	P	10	P	P	+	1.000
21	IKRA SUHAIL AHMED	P	P	b	P	P	P	P	P	P	0	D	6	P	P	I
22	ISALIYOTI OMPRAKASH	6	P	P	8	8	P	P	P	P	þ	P	8	P	P	
23	The second secon	P	P	9	P	1	(	P	P	P	P	P	A	p	p	1
24	JETPURWALA LAMYA MUSTAFA	P	P	P	P	1	P	P	P	P	p	P	P	P	P	1
25	KAGALWALA ARWA HUZEFA	P	P	P	P	P	1	P	P	P	P	P	P	P	P	1
26	KANCHWALA SARAH MURTUZA	P	P	P	P	P	P	P	P	P	p	P	P	P	P	
27	KAPADIA ANAM SAJID	P	P	8	P	8	P	P	0	P	n	0	0	P	P	
28	KHAN ADA AADIL	0	P	P	P	0	P	P	0	D	0	6	P	D.	P	
29	KHAN AFREEN BANO ATTAULLA	P	8	P	P	P	P	P	P	P	0	P	P	P	P	
30	KHAN AFREEN Mohd Arshad	P	P	P	P	p	P	P	P	P	p	P	P	,	P	-
31	KHAN AFREEN WASIM AHMED	P	P	Δ	P	P	9	P	P	P	P	P	P	0	P	1
32	KHAN ARMINA Mujibar Rahaman	P	P	P	P	P	P	p	P	P	P	0	P	10	P	P
33	KHAN FARHANA FATHE BAHADUR	P	P	P	P	P	P	P	P	P	P	p	P	P	P	1
34	KHAN FATIMA MOHD TARIQ	P	P	P	P	p	P	P	P	P	P	P	P	P	P	
35	KHAN FIRDOS SAHIR HUSSAIN	P	P	P	P	1	P	P	P	P	P	P	P	P	P	
36	KHAN MALIKA YUSUF	P	P	P	P	0	P	P	P.	P	0	P	P	P	P	1
37	KHAN MUSHARRAT JUNED AHMED	P	P	P	P	P	p	P	P	P	6	A	p	P	P	F

		8/1	9/1	10/1	Mr	12/1	13/1	15/1	16/1	13/1	18/1	14/1	20/1	22/1	23/1	24/1
38	KHAN NAAZ IMAMUDDIN	1	P	P	P	-0	P	P	P	1	P	P	P	P	P	P
39	KHAN NIDA ARIF	P	P	P	0	0	0	0	V	0	P	0	1	2	P	1
40	MAKWANA PRIYANKA MOHAN	V	P	P	e	P	0	0	P	ø	P	P	P	P	P	P
41	MALLICK MISBAH MOHD FAHIM	P	P	P	P	P	p	0	P	p	P	P	9	P	P	P
42	MANSURI AFREEN MOHAMMED RAFIQ	P	P	P	P	0	p	P	8	P	P	P	P	P	P	P
43	MANTASHA BANO IRFAN AHMAD	4	P	P	P	10	P	p	P	P	P	P	P	A	P	b
44	MAPARI AASMA FEROZ AHMED	0	P	P	p	P	P	P	p	P	P	P	P	P	P	P
45	MEMON SWALEHA BILAL	0	P	P	p	p	P	p	p	P	P	p	P	P	P	P
46	MERCHANT MUSKAN FATIMA MUNAWARALI	0	P	p	Þ	0	P	8	p	P	P	P	P	P	8	P
47	MIRZA ERAM BANO SHAHID	p	P	P	P	P	P	p	P	P	P	P	P	P	P	P
48	MISTRY NAMIRA ABDULWAHAB	P	. P	P	P	P	p	P	p	P	P	P	P	p	P	P
49	OSMANY NIDA MUSHFIQUE	P	P	P	P	P	p	P	p	P	P	P	p	P	P	P
50	PARDAWALA FATEMA MURTAZA	p	P	ρ	8	p	P	P	p	P	P	P	P	p	b	P
51	PARDAWALA SAKINA MURTAZA	#p	R	1	p	p	p	* p	p	P	P	P	P	P	p	P
52	PATHAN SAADIYA SALIM	P	P	A	P	p	P	P	P	P	P	0	P	P	P	P
53	PRAJAPATI KOMAL	1	P	P	1	0	0	P	Ė	P	P	P	2	0	D	D
54	HARIJAN POOJA SHIVAKUMAR	P	P	þ	P	0	P	P	F	P	P	0	8	P	P	P
55	QURESHI AIMAN	P	8	. 6	P	P	P	0	P	P	P	0	P	D	P	6
56	FARHEEN SALMAN KHAN	P	P	P	P	P	P	P	p	0	P	P	0	1	P	B
57	QURESHI SHAHEEN ALI AHMED	P	p	P	p	P	p	0	P	P	A	P	D	p	P	0

8	SALEHI PEGAH MOHSEN	P	6	p	P	P	P	5)1 P	16/ Y	P	0	D	P	0	P	P
9	SAYED AAFREEN YAKUB	6	P	P	P	P	P	p	P	0	0	p	p	0	p	ρ
50	SAYYED MUSKAN BANU ABDUL SALIM	0	P	P	P	12	P	P	P	0	P	P	10	P	p	P
51	And the second of the second of the second of the	1	0	P	P	P	P	Р	p	5	P	p	P	P	P	P
52	SHAH ARSHI NAZ SHABBIR	P	P	P	P	P	P	P	P	P	D	P	P	P	P	P
63	SHAIKH AALIYA MOHD REHAN	P	ip	P	P	P	P	P	P	2	P	P	P	P	P	P
64	SHAIKH AFRIN ASMAT MASOOD	0	0	P	P	P	P	P	P	P	0	P	P	p	P	P
65	SHAIKH ALFIYA ABDUL RASHID	P	0	P	P	P	P	P	P	P	D	n	0	7	Þ	P
66	SHAIKH ARBIYA AINUL	P	P	P	P	À	P	P	9	0	0	p	P	p	P	P
67	the state of the s	P	0	0	D	P	8	P	1	10	0	P	Þ	7	P	P
68	SHAIKH HUMERA HASAN	P	p	P		P	P	P	P	P	P	P	P	P	p	P
69	5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	0	0	P	p	D	D	P	P	1	0	0	1	p	P	10
70	SHAIKH MARIUM BANO RIYAZ	P	P	0	0	D	P	p	D	0	P	p	P	P	P	P
71	SHAIKH MUMTAZ BEGUM SALAHUDDIN	P	P	p	P	D	P	P	P	1	1	P	9	6	, 6	6
72	SHAIKH NAHIDA EJAZ #	P	10	P	P	P	P	90	F	P	1	, 1	P	+ 6	P	1
	SHAIKH NAVISHTA S ASLAM	P	P	9	P	P	1	> 1	F	P	0	P	p	F	1	6
74	SHAIKH QUNOOT FATIMA BARKAT ALI	P	p	P	P	P	j.	7	7	P	1	2	PP	f	P	1
	SHAIKH RUKHSAR PARVEEN MOHD ISHRA	P	P	P	P	P	P	9	P	1	)	P	4 1	2 1	P	
	SHAIKH SABAH MOHEMMAD JAHANGIR	P	P	P	P	P	1	5	PI	0		PF		9	PF	
77	SHAIKH SAIMA BIBI	P	P	9	P	1	5 1	7	1	2	1.612	P	P	p	6	p

	SHARVII SAARTOA	8/1	9/1	10/	1/11	12/1	181	15/1	1/01	13/1	181	14/1	20/1	22/1	23/	14
78	SHAIKH SAMEERA ABUSAAD ALAM	· ye	0		P	Þ	0	0	b	P	P	P	p	p	P	p
79	SHAIKH SWALIHA KHATUN MOHAMMED YA	P	. P	P	P	P	6	P	p	8	P	p	p	P	0	P
80	SHAIKH TAHSEEN FATIMA	D	K	P	P	P	P	P	P	P	0	0	0	P	P	P
81	SHAIKH TEHSEEN SAYYEDALI	P	6	0	P	P	P	P	P	e	0	P	p	P	0	P
82	SHAIKH ZAIBA PARVEEN SHAFI	P	P	P	0	P	P	P	P	P	p	8	P	P	P	P
83	SHAIKH ZEBA FATEMA LAL MOHD	P	P	P	R	P	P	Α	P	P	1	P	P	P	P	p
84	SHARMA ANJALI BHARAT	p	P	9	P	p	p	P	P	P	8	P	P	P	A	P
85	SIDDIQUI ARSHI ABADUR REHMAN	P	p	P	P	P	P	P	ρ	P	P	P	P	P	P	P
86	SIDDIQUI MAHELQA BANU NISAR AHM	P	P	P	1	P	P	P	P	P	P	P	P	P	P	P
87	YADAV JYOTI HARISH	P	0	8	· ·	P	P	P	P	P	9	P	P	0	P	- 6
88	ZEBA ABDUL RAQEEB KHAN	P	P	P	P	P	P	p	1	P	p	P	P	10	P	P
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#### AISHABAI COLLEGE OF EDUCATION VALUE ADDED COURSE 2023 - 2024

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			ALC: UE	SKILL	DEVE	COLMI	MICER	HER	AIL	COURS	NE.				
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01	ANSARI AMIMA NIYAZ AHMED	P	ρ	P	P	P	p	1							
02	ANSARI GULSHAN KHAIRUDDIN	P	P	P	P	p	P	1						П	
03	NAHEEDA AFREEN MOHD KHALID ANZAR	P	P	P	p	p	p		1						
05	KHAN ALFIYA KAUSAR IRSHAD AHMED	p	ρ	р	P	p	Р							П	
06	MIRZA ERAM FATIMA	10	P	P	P	D	P								
07	MODAN ALFIYA ABDUL GAFARBHAI	p	P	ρ	P	P	P								
08	PAGARE RADHIKA RAJESH	P	P	p	A	p	p				1				
09	PALWANKAR SHIVANI TEJAS	P	A	p	р	þ	p					1			
10	QURESHI ISRA MOHD AZAM	P	P	ρ	P	p	p					1			
4 11	RAHATWAL NIDHI SAUJANYA	p	P	P	p	p	p	*					1	6	
12	SAYED ANAM MOHD SHAFI	P	ρ	ρ	P	P	p								
14	SHAIKH ARSHIYA GULZAR	P	P	P	P	p	ρ				6	E		1	
15	SHAIKH FAUQUIYAH VAZIR	P	ρ	ρ	P	p	Р								
16	SHAIKH RAFIYA REHMATULLAH	P	P	- 6	P	A	P				7		37		
17	SHAIKH SANA	P	P	P	P	P	P						1		

	TT TOTAL SALES CO.	18/3	195	Je 5	22 5	23/5	4/9								
	PARVEEN		111111111111111111111111111111111111111	1000	and a	100	1								
18	SHAIKH SANIYA TABASSUM MOHAMMED AMIR	P	ρ	Р	P	P	P								
20	SHAIKH SHAZIYA MOHAMMED UZAIF	P	P	P	P	A	P								
22	TALKAR LAIBA ZAID	0	P	P	P	9	0						1		
23	WAVEKAR APARNA ASHOK	P	A	P	P	P	P								4
	SIGN OF RESOURCE PERSON	Josha	Varyla	SOUTH S	(ball)	JANS LA	Marsh.	VHASI	Jeste	VINE	medi	Uninda	Peter V	wigh	make your

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## **Academic Year 2022 – 2023**

## 1) Art and Craft Certificate Course

#### LEARNING OBJECTIVES-

- 1. Develop practical proficiency in various art and craft techniques such as Dabu painting, pebble art, and spray painting.
- 2. Foster creativity and innovation by encouraging students to explore different mediums and styles of artistic expression.
- 3. Cultivate organizational and presentation skills through the planning and execution of an exhibition to showcase their work to a wider audience.
- 4. Enhance teamwork and collaboration abilities by collectively curating and managing the exhibition, thereby promoting a sense of community and shared achievement among student participants.

Date	Time	Activity	Resource Person
21stJan 2023	10.30	Tie and Dye	Mr.Jatin and pidilite group
	am		
	-		
	4.30 pm		
23 <sup>rd</sup> Jan2023	10.30	Name Plate	Mrs Varsha and Pidilite's
	am		group
	-		
	4.30 pm		
24 <sup>th</sup> Jan2023	10.30	Scenery-Clay work	Mrs.Varsha
	am		and Pidilite group
	-		
	4.30 pm		
25 <sup>th</sup> Jan	10.30	Jewellery Making	Mrs.Varsha
2023	am		and Pidilite group
	-		
	4.30 pm		
27 <sup>th</sup> Jan	10.30	Organ Making	Mrs.Varsha
2023	am	T.Aid	and Pidilite group
	-		

	4.30 pm		
28 <sup>th</sup> Jan	10.30	Stitch less Bag	Mrs.Varsha
2023	am	Making	and Pidilite group
	-		
	4.30 pm		
30 <sup>th</sup> Jan	10.30	Katha Work	Mrs.Varsha
2023	am		and Pidilite group
	-		
	4.30 pm		

The evaluation will be done through an exhibition of articles.

## 2) <u>Comprehensive Stress Management Techniques and Applications</u>

#### **Course Duration:**

#### 30 Hours

## **Course Objectives:**

- Understand the nature of stress and its impact on physical and mental health.
- Identify personal stressors and their effects on well-being.
- Learn evidence-based stress management techniques.
- Develop personalized stress management plans.
- Apply stress management techniques in various life scenarios.

## **Target Audience:**

This course is suitable for students, professionals, and anyone interested in learning how to manage stress effectively.

### **Course Structure:**

## **Module 1: Introduction to Stress (4 hours)**

- Session 1.1: Understanding Stress: Definitions and Types (2 hours)
  - o Overview of stress: Acute vs. Chronic

- Eustress vs. Distress
- o The physiology of stress: The fight-or-flight response
- **Session 1.2:** The Impact of Stress on Health (2 hours)
  - Short-term and long-term effects of stress
  - Stress-related illnesses
  - The mind-body connection

## **Module 2: Identifying Personal Stressors (4 hours)**

- **Session 2.1:** Self-Assessment Techniques (2 hours)
  - Identifying personal triggers
  - o Stress diaries and monitoring tools
  - Personality traits and stress
- Session 2.2: Analysis of Personal Stressors (2 hours)
  - o Categorizing stressors: Work, relationships, financial, etc.
  - Understanding the root causes of stress
  - Case studies and group discussions

## **Module 3: Stress Management Techniques (10 hours)**

- **Session 3.1:** Cognitive Techniques (3 hours)
  - o Cognitive-behavioral approaches to managing stress
  - Thought-stopping and reframing techniques
  - Mindfulness and meditation
- **Session 3.2:** Physical Techniques (3 hours)
  - Exercise and stress reduction
  - o Relaxation techniques: Deep breathing, progressive muscle relaxation
  - Nutrition and sleep for stress management
- Session 3.3: Emotional and Social Techniques (2 hours)
  - Emotional intelligence and stress management
  - Building resilience and coping strategies
  - The role of social support
- Session 3.4: Time Management and Goal Setting (2 hours)
  - o Prioritizing tasks and setting realistic goals
  - o Balancing work and personal life
  - Techniques to avoid burnout

## **Module 4: Application and Practice (8 hours)**

- Session 4.1: Developing a Personal Stress Management Plan (2 hours)
  - o Crafting individualized stress management plans

- Setting personal goals for stress reduction
- Session 4.2: Practicing Stress Management Techniques (2 hours)
  - Group activities and role-playing exercises
  - Practicing relaxation and cognitive techniques
- Session 4.3: Case Studies and Real-Life Applications (2 hours)
  - Analyzing real-life scenarios
  - Group discussions on applying techniques
- **Session 4.4:** Feedback and Plan Refinement (2 hours)
  - Reviewing and refining personal stress management plans
  - Peer feedback and instructor guidance

## **Module 5: Advanced Topics and Future Directions (4 hours)**

- **Session 5.1:** Stress Management in the Workplace (2 hours)
  - Strategies for managing stress in professional settings
  - Organizational interventions
- Session 5.2: Emerging Trends in Stress Management (2 hours)
  - o The role of technology in stress management
  - Future directions in stress research

#### **Assessment and Evaluation:**

- Continuous Assessment: 10 hours
  - Weekly quizzes and self-reflection exercises
  - o Group discussions and participation
- **Final Project:** 5 hours
  - Development and presentation of a comprehensive stress management plan
  - Peer review and instructor feedback

#### **Resources:**

- Reading Materials:
  - Recommended books and articles on stress management.
  - Access to online resources and tools.
- Practical Tools:
  - Stress monitoring apps
  - Guided meditation and relaxation audio files

#### **Certification:**

Participants who complete the course and submit the final project will receive a certificate of completion.

## 3) Advanced Language Proficiency and Enhancing Communication Skills

#### **Course Duration:**

30 Hours

#### **Course Structure:**

## **Module 1: Introduction and Assessment (2 Hours)**

- Session 1.1: Course Overview & Objectives
  - o Introduction to the course structure and goals.
  - Importance of language proficiency in various contexts (academic, professional, social).
- Session 1.2: Initial Proficiency Assessment
  - Diagnostic tests to assess current language proficiency.
  - $\circ$   $\;$  Setting individual learning goals based on assessment results.

## Module 2: Advanced Vocabulary and Expressions (6 Hours)

- Session 2.1: Expanding Academic and Professional Vocabulary (2 Hours)
  - Focus on specialized vocabulary relevant to specific fields (e.g., business, technology, science).
  - o Exercises in using vocabulary in context.
- Session 2.2: Idioms, Phrasal Verbs, and Collocations (2 Hours)
  - o Understanding and using idiomatic expressions.
  - Practice with phrasal verbs and common collocations.
- Session 2.3: Effective Use of Synonyms and Antonyms (2 Hours)
  - o Exploring nuances in meaning.
  - Exercises in choosing appropriate synonyms and antonyms to convey the desired tone.

## **Module 3: Advanced Grammar and Sentence Structure (6 Hours)**

## • Session 3.1: Complex Sentences and Clauses (2 Hours)

- Mastery of complex sentence structures.
- o Practice with subordinate and relative clauses.

## • Session 3.2: Tense and Aspect in Detail (2 Hours)

- In-depth review of verb tenses and aspects.
- o Usage in different contexts (e.g., narrative, reporting, hypothesis).

## • Session 3.3: Error Analysis and Correction (2 Hours)

- o Identifying common grammatical errors.
- o Strategies for self-correction and refinement.

## **Module 4: Listening and Speaking Skills (6 Hours)**

## • Session 4.1: Advanced Listening Comprehension (2 Hours)

- Listening to and analyzing complex audio materials (e.g., lectures, interviews).
- o Developing note-taking and summarizing skills.

## • Session 4.2: Pronunciation and Accent Reduction (2 Hours)

- Techniques for improving pronunciation and intonation.
- Accent reduction exercises.

## • Session 4.3: Effective Oral Communication (2 Hours)

- o Practicing formal and informal speaking skills.
- o Role-playing and group discussions to build confidence.

## **Module 5: Reading and Writing Skills (6 Hours)**

## • Session 5.1: Advanced Reading Comprehension (2 Hours)

- Techniques for reading and understanding complex texts.
- o Exercises in critical analysis and interpretation.

## • Session 5.2: Essay Writing and Argumentation (2 Hours)

- Structuring essays and arguments effectively.
- Focus on coherence, cohesion, and clarity in writing.

## • Session 5.3: Editing and Proofreading (2 Hours)

- o Techniques for editing and improving written work.
- Peer review exercises.

## **Module 6: Practical Application and Assessment (4 Hours)**

## • Session 6.1: Real-Life Simulations (2 Hours)

- Simulated professional and academic scenarios.
- Practice in applying language skills in real-life contexts.
- Session 6.2: Final Project and Presentation (2 Hours)

- Students create and present a project that demonstrates their language proficiency.
- Peer and instructor feedback.

#### **Module 7: Review and Reflection (2 Hours)**

- Session 7.1: Course Review and Recap (1 Hour)
  - o Summary of key concepts and skills learned.
  - o Group discussion on the course experience.
- Session 7.2: Final Assessment and Feedback (1 Hour)
  - o Post-course proficiency assessment.
  - o Personalized feedback and recommendations for further study.

## **Teaching Methodology:**

- **Interactive Lectures:** Engaging students with real-life examples and interactive teaching.
- **Group Discussions:** Encouraging collaborative learning through discussions and debates.
- **Practical Exercises:** Hands-on practice with language exercises and simulations.
- **Peer Review:** Promoting peer-to-peer learning and constructive feedback.
- **Multimedia Resources:** Utilizing audio-visual materials to enhance learning.

#### **Evaluation:**

- Continuous Assessment: Regular quizzes, assignments, and participation.
- Final Assessment: Project presentation and final proficiency test.

## **Learning Outcomes:**

By the end of the course, students should be able to:

- Use advanced vocabulary and expressions appropriately in various contexts.
- Construct complex sentences with accurate grammar.
- Communicate effectively in spoken and written language in professional and academic settings.

Analyze and critique complex texts and audio materials

### AISHABAI COLLEGE OF EDUCATION VALUE ADDED COURSE 2022 - 2023

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#### AISHABAI COLLEGE OF EDUCATION VALUE ADDED COURSE 2022 -2023

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46	MERCHANT MUSKAN FATIMA MUNAWARALI	P	P	Pe	P	P	1	P	P	fe	P	P	P	P	P	ρ.
47	MIRZA ERAM BANO SHAHID	r	P	P	P	1	r	P	p	p	12	P	P	p	P	P
48	MISTRY NAMIRA ABDULWAHAB	8	P	P	P	P	P	P	P	P	8	P	P	ρ	8	P
49	OSMANY NIDA MUSHFIQUE	ť.	P	8	P	ρ	P	P	P	P	p	p	P	P	P	P
50	PARDAWALA FATEMA MURTAZA	r	p	9	P	P	P	1	P	P	P	P	P	P	0	P
51	PARDAWALA SAKINA MURTAZA	9	P	0	P	P	P	A	1	P	P	e	P	P	1	P

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52	PATHAN SAADIYA SALIM	P	1	P	r	-	1	P	e	P	P	P	p	P	A	P
53	PRAJAPATI KOMAL	P	10	0	P	10	P	p.	P	10	P	P	P	P	P	8
54	HARIJAN POOJA SHIVAKUMAR	r	P	p	r	1	f	P	P	P	P	P	p	P	P	P
55	QURESHI AIMAN	P	P	P	8	y	P	P	p	P	P	P	P	P	P	P
56	FARHEEN SALMAN KHAN	P	P	P	P	p	ľ	c	P	P	p	P	P	P	P	P
57	QURESHI SHAHEEN ALI AHMED	0	A	e	P	ρ	P	P	P	0	P	P	P	P	ρ	P
58	SALEHI PEGAH MOHSEN	r	r	P	P	P	P	P	P	8	P	P	P	P	P	P
59	SAYED AAFREEN YAKUB	Y	7	P	ρ	P	ρ	p	ρ	P	P	0	P	P	P	P
60	SAYYED MUSKAN BANU ABDUL SALIM	r	p	p	P	۴	P	p	P	P	P	P	P	P	P	P
61	SHABEENA KHATOON	P	10	P	P	P	0	P	0	0	P	P	P	P	P	P
62	SHAH ARSHI NAZ SHABBIR	p	P	P	P	P	P	p	P	P	P	P	P	P	P	P
63	SHAIKH AALIYA MOHD REHAN	P	1	P	p	P	p	Δ	ρ	P	ρ	ρ	P	P	P	P
64	SHAIKH AFRIN ASMAT MASOOD	p	10	P	P	P	P	P	P	6	P	P	ρ	p	P	P
65	SHAIKH ALFIYA ABDUL FRASHID	ρ	p	*	P	0	ρ	P	P	*	p	p	P	P	ρ	·P
66	SHAIKH ARBIYA AINUL	1	P	r	P	r	P	r	P	P	P	P	P	p	P	P
67	SHAIKH ASHRA RAFIQ	I'	1	P	P	P	P	P	0	0	P	0	P	9	P	P
68	SHAIKH HUMERA HASAN	p	P	P	P	p	P	p	1	f	P	ρ	P	8	P	P
69	SHAIKH INSHA ILYAS	P	P	P	P	f	1	P	8	1	P	P	P	P	0	P
70	SHAIKH MARIUM BANO RIYAZ	19	p	ď	P	P	P	P	A	P	P	P	P	P	P	1

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72	SHAIKH NAHIDA EJAZ AHMED	e	ye.	ď	e	r	r	P	P	P	f	p	p	p	P	P
73	SHAIKH NAVISHTA ASLAM	50	1	P	P	P	P	P	ρ	P	e	P	P	P	P	P
74	SHAIKH QUNOOT FATIMA BARKAT ALI	P	P	1	P	1	p	r	P	P	1	P	P	P	P	P
75	SHAIKH RUKHSAR PARVEEN MOHD ISHRA	P	P	A	P	p	P	r	0	P	e	P	P	P	8	P
76	SHAIKH SABAH MOHEMMAD JAHANGIR	P	Į.	1	P	r	р	P	Q	ſ	ρ	r	P	۴	P	P
77	SHAIKH SAIMA BIBI	17	0	1	P	Р	p	P	A	0	9	Q	P	P	P	P
75	SHAIKH SAMEERA ABUSAAD ALAM	f	e	P	P	P	f	p	p	P	P	P	ρ	P	Ä	P
7	SHAIKH SWALIHA KHATUN MOHAMMED YA	γ	P	P	P	ρ	ρ	P	Ų	P	P	P	P	P	F	P
8	SHAIKH TAHSEEN 0 FATIMA	r	1	P	P	p	P	1	4	P	Y	P	9	9	P	ρ
8	SHAIKH TEHSEEN SAYYEDALI	4	P		P	P	P	ρ	P	P	8	P	p	P	P	P
8	SHAIKH ZAIBA PARVEEN SHAFI	ρ	P	P	P	P	P	P	ρ	A	P	γ	Р	p	P	P
8	SHAJKH ZEBA FATEMA LAL MOHD	1	p	8	10	P	P	P	P	6	p	1	P	f	₽	P
8	SHARMA ANJALI BHARAT	P	1	1	P	1	r	1	P	P	P	P	e	P	P	P
	SIDDIQUI ARSHI ABADUR REHMAN	1	1	P	P*	P	P	1	P	P	P	P	e	P	P	P
,	SIDDIQUI MAHELQA BANU NISAR AHM	8	P	0	P	r	P	10	P	P	1	A	P	r	P	1

17	YADAV JYOTI HARISH	0	13	1817	12/2	171.4	1714	26174	11/4	MIK	2014	2414	464	24 4	2714	28 4
	ZEBA ABDUL RAQEEB		P	P	P	P	1	1	P	P	P	1	P	0	P	P
8	KHAN	P	P	p	P		1	P	P	10	b	A	p	400	0	P
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#### AISHABAI COLLEGE OF EDUCATION VALUE ADDED COURSE 2022 - 2023

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- 1	AIBANI RUMANA	P	P	P	P.	p	P	7	1	P	0	p.	P	P	6 Jakes	P	60	A THE	1
2	AISHA ANJUM MOHD NASIR	1	f.	1	r	P	P	1	1	P	P	p	P	P	P	p	r	r	r
3	ANSARI FATIMA		P	1	0	10	P	1	0	0	P	r	1	P	0	0	1	0	
4	ANSARI NABA ABDUL RAHIM	P	p	Y	P	P	P	,	P	0	P	1	,	P	1	,	p	P	r
5	ANSARI NAUSHABA MUBEEN AZHAR	P	P	e	P	P	P	r	1	P	7	0	P	P	P	P	Y	0	P
6	ANSARI RAMEEZA FIROZ	f	P	P	P	P	8	P	e	0	p	8	p	P	P	P	p	0	P
7	ANSARI SHAFIQA KAMALUDDIN	r	P	ę	P	P	P	,	P	P	8	P	p	0	1	P	A	,	P
. 8	ANSARI TUBA ANIS	1	P	1	1	P	1	0	i	0	P	0	8	P	,	0	P	P	0
9	ANSARI YASMEEN MOHD SHAMIM AKHTAR	1	ρ	9	ø	ρ	ρ	0	ρ	P	P	P	1	p	P	P	p	P	P
10	BAIG KANIZ FATMA ABDUL HAKIM	P	P	P	8	P	P	P	A	p	1	P	1	P	e	P	0	c	r
11	CHANDIWALA ROOMA JAN MOHAMMED	P	P	1	ρ	p	P	p	P	p	1	P	f	P	P	P	P	ρ	,
12	CHAUDHARY BUSHRA GULAM HAZRAT	P	ρ	P	p	P	P	1	P	P	g	e	P	P	P	p	P	1	P
13	CHAUHAN HAFSA USMAN GANI	P	P	8	ę	P	Р	e	ρ	P	P	P	P	r	P	P	P	P	p

	CHAUHAN KASTURI	418	518	Oc.	4/8	8/8	3/19	10/9.	11/4	1215	KILE	17/18	181 g	MIE	2118	21	(21)	24 6	25/8
14	SURESH	P	P	P	1	P	P	r	P	P	p	r	p	P	P	p	P	p	0
15	CHAWRASIA REENA SANTOSH	p	P	P	1	P	P	1	1	P	1	p	p	p	P	p	P	P	1
16	CHOUDHARI NOORJAHAN IDREES	P	r	r	P	P	P	P	P	P	p	0	r	p	P	P	P	y	ρ
17	CONTRACTOR INSHIYA	P	1	P	P	P	r	P	P	8	P	P	P	ρ	P	p	,	P	P
18	DUBEY ANSHU	P	P	6	1	0	1	0	0	1	p	10	P	P	P	p	P	0	P
19	IDRISI AMINA MOHAMMAD ASLAM	8	P	P	P	P	P	r	r	1	A	P	P	P	P	r	P	P	P
20	IDRISI SABA MOHD SHARIF	P	p	p	P	P	r	9	P	P	P	p	ſ	r	P	P	p	P	P
21	IKRA SUHAIL AHMED	A	P	P	P	P	P	1	r	P	P	P	P	P	P	P	P	8	P
22	ISAI JYOTI OMPRAKASH	P	P	p	P	P	P	P	r	1	Р	P	P	P	ρ	r	P	P	P
23	JAMEELA SHARAFATH ABDUL KAREEM	P	P	P	P	P	r	۴	r	P	P	P	p	P	r	r	A	P	P
24	JETPURWALA LAMYA MUSTAFA	r	1	r	P	P	P	P	ť	P	P	P	e	P	e	P	r	P	1
25	KAGALWALA ARWA HUZEFA	P	A	P	P	P	P	Y	P	6	P	P	P	P	P	P	P	P	P
20	KANCHWALA SARAH MURTUZA	P	1	r	p2:	P	P	P	r	P	P	8	1	P	P	f	P	9	P
2	KAPADIA ANAM SAJID	P	1	P	P	P	r	P	P	P	P	P	r	P	P	r	P	P	P
2	KHAN ADA AADIL	P	P	P	P	P	P	1	P	"	1"	r	P	P	P	10	0	P	P
25	KHAN AFREEN BANO ATTAULLA	P	P	P	P	ρ	P	p	A	8	r	60	C	P	r	r	r	P	r
- 31	KHAN AFREEN Mobd	P	P	P	6	P	P	P	P	8	1	r	P	P	P	r	P	P	6

	Arshad	1	1	3/3	VIE.	ele	116	2/4	11.6	100	July	1.4/8	36/F	14/8	15118	22/8	246	suli	L
31	KHAN AFREEN WASIM AHMED	p	P	P	0	p	P	P	e	P	P	p.	P	p	P	P	e	P	P
32	KHAN ARMINA Mujibar Rahaman	P	P	p	p	P	p	f	P	P	p	p	P	p	P	P	P	P	P
33	THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TRANSPORT NAMED IN COLUMN TWO IS NAMED IN COLUMN TRANSPORT NAMED	P	P	P	p	p	ρ	P	P	P	p	P	1	P	P	12	P	1	P
34	KHAN FATIMA MOHD TARIQ	1	r	P	p	P	r	p	p	P	P	p	p	P	p	P	P	1	P
35	KHAN FIRDOS SAHIR HUSSAIN	P	P	0	P	P	p	f	P	P	P	p	p	1	P	P	0	P	P
36	KHAN MALIKA YUSUF	p	6	p	P	P	P	P	r	p	P	P	P	P	p	P	P	P	P
37	KHAN MUSHARRAT JUNED AHMED	p	P	A	P	P	P	p	p	e	p	8	P	P	P	P	1	ρ	P
38	KHAN NAAZ IMAMUDDIN	P	P	8	p	r	P	177	P	P	1	p	P	P	P	P	P	e	P
39	KHAN NIDA ARIF	P	P	P	p	P	6	P	0	P	1	Y	P.	1	P	P	P	P	P
40	MAKWANA PRIYANKA MOHAN	P	P	Y	P	1	P	P	r	P	P	p	P	p	0	P	*	P	r
41	MALLICK MISBAH MOHD FAHIM	0	r	P	P	p	p	P	P	P	t	P	P	p	P	P	P	P	P
42	MANSURI AFREEN MOHAMMED RAFIQ	P	*	Y	P	1	P	P	P	P	P	P	P	r	P	p*	P	P	P
43	MANTASHA BANO IRFAN AHMAD	r	٢	P	8	۲	P	P	P	P	p	11	P	P	A	f	e	e	P
44	MAPARI AASMA	e	P	8	p	P	P	r	1	f	P	P	ľ	ρ	P	p	ρ	P	r
45	MEMON SWALEHA BILAL	p	۳	P	P	f	r	P	P	r	p	p	P	P	P	1	P	P	r
46	MERCHANT MUSKAN FATIMA	P	P	P	P	P	P	ſ	P	r	P	ρ	0	1	P	P	r	r	P

	MUNAWARALI	116	1/6	018	11/16	8/18	418	1049	11/8	13/8	14/8	171	184	14/8	V.18	25/8	25/6	24/6	75
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47	STATE STATES	P	P	P	P	P	0	P	F	P	P	P	P	P	p	P	p	r	P
48	MISTRY NAMIRA ABDULWAHAB	P	P	0	p	0	o	y	p	P	0	0	10	P	P	f	0	0	P
49	OSMANY NIDA MUSHFIQUE	P	P	P	P	0	0	P	P	f	P	0	p	p	P	P	p	P	P
50	PARDAWALA FATEMA MURTAZA	P	P	8	P	ľ	8	P	P	r	P	1	f	P	P	P	p	P	e
51	PARDAWALA	P	P	0	8	P	r	P	P	0	P	1	p	ρ	P	P	P	r	P
52	PATHAN SAADIYA SALIM	P	r	p	r	P	P	P	p	r	P	1	ľ	P	Р	P	0	P	P
53	PRAJAPATI KOMAL	p	6	¥*	1	r	10	P	1	P	P	1	P	P	1	1	P	P	ρ
54	HARIJAN POOJA SHIVAKUMAR	P	P	P	P	P	P	r	P	p	P	P	8	p	p	P	p	P	P
55	QURESHI AIMAN	V	P	12	0	P	P	1	0	P	P	P	0	0	P	P	P	P	P
56	FARHEEN SALMAN KHAN	P	A	p	P	p	P	P	1	P	8	P	f	P	P	r	P	p	P
57	QURESHI SHAHEEN ALI AHMED	P	0	9	P	p	p	P	ρ	P	p	p	P	P	P	r	P	P	P
58	SALEHI PEGAH MOHSEN	0	P	p	p.	1	P	p	6.	P	P	p	P	۴	P	A	P	8	ρ
59	SAYED AAFREEN YAKUB	F	P	р	8	1	P	p	P	1	P	P	P	P	P	p	р	P	P
60	SAYYED MUSKAN BANU ABDUL SALIM	e		P	p.	p	P	1	P	f	P	P	1	p	ť	r	p	r	r
61	SHABEENA KHATOON	0	P	P	P	P	P	r	p	ť	P	P	P	P	P	P	P	P	P
62	SHAH ARSHI NAZ SHABBIR	P	r	P	P	P	P	P	r	P	P	P	P	P	P	p	0	P	r

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63	SHAIKH AALIYA MOHD REHAN	P	P	P	F	p	P	8	P	P	p	P	P	P	P	P	P	P	P
64	SHAIKH AFRIN ASMAT MASOOD	P	P	Y	P	P	P	1	P	P	p	p	p	P	P	P	r	P	9
65	SHAIKH ALFIYA ABDUL RASHID	P	P	p	p	P	p	1	8	P	p	r	P	P	P	P	P	P	P
	SHAIKH ARBIYA AINUL ABDEEN	1	P	p	p	P	p	P	r	1	1	P	r	P	1	P	P	P	1
	SHAIKH ASHRA RAFIQ	P	1	1	P	P	P	p	P	p	p	P	1	P	P	P	r	A	P
68	SHAIKH HUMERA HASAN	8	P	P	P	P	P	P	P	1	p	P	P	P	P	P	P	P	P
69	SHAIKH INSHA ILYAS	r	P	8	P	ρ	P	1	P	P	P	P	P	P	p	P	8	ρ	P
70	SHAIKH MARIUM BANO RIYAZ	P	P	P	P	1	P	p	e	P	p	r	P	P	P	P	P	1	1
71	SHAIKH MUMTAZ BEGUM SALAHUDDIN	P	P	p	P	P	P	r	P	P	p	P	1	ρ	P	P	P	ρ	P
72	SHAIKH NAHIDA EJAZ AHMED	y	1	P	P	ρ	P	P	P	1	P	P	P	1	P	P	f	P	P
73	SHAIKH NAVISHTA ASLAM	P	1	8	P	P	ρ	P	r	P	p	P	1	P	P	P	ρ	P	P
74	SHAIKH QUNOOT FATIMA BARKAT ALI	À	P	1	8	p	P	8	1 .	ep	P	P	1	P	P	* 10	1	P	P
75	SHAIKH RUKHSAR PARVEEN MOHD ISHRA	6	P	P	f	P	ρ	P	1	P	ρ	P	p	p	1	1	P	P	P
76	SHAIKH SABAH MOHEMMAD JAHANGIR	8	P	P	e	P	ď	P	f	P	P	8	e	P	P	1	8	P	P
71	SHAIKH SAIMA BIBI RAFIQUE	P	P	P	P	1	P	P	r	P	P	-6	1	A	y	p	r	P	5

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78	SHAIKH SAMEERA ABUSAAD ALAM	P	0	1	P	p	P	P	P	P	P	0	P	P	ρ	p	p	P	p
79	SHAIKH SWALIHA KHATUN	p	P	f	ρ	,	1	*	r	r	1	ř	P	P	P	1	P	P	ρ
80	SHAIKH TAHSEEN FATIMA	P	P	P	P	p	p	P	P	P	P	P	p	P	P	P	P	P	P
81	SHAIKH TEHSEEN SAYYEDALI	P	5	P	P	P	P	8	1	0	8	P	p	P	1	1	r	P	f <sup>2</sup>
82	SHAIKH ZAIBA PARVEEN SHAFI	1	P	Dr.	p	P	P	1	P	P	P	P	P	1	P	P	P	ρ	P
83	SHAIKH ZEBA FATEMA LAL MOHD	P	1	p	P	P	P	1	P	P	p	P	r	P	P	P	p	P	P
84	SHARMA ANJALI BHARAT	1	1	12	P	8	P	P	P	P	8	P	P	P	1	ρ	ρ	P	1
85	SIDDIQUI ARSHI ABADUR REHMAN	1	1	P	8	P	P	p	P	P	P	γ	P	P	P	P	P	P	P
86	SIDDIQUI MAHELQA BANU NISAR AHM	1	P	1	P	P	P	P	P	P	P	P	1	P	A	f	P	P	P
87	YADAV JYOTI HARISH	P	P	P	P	9	P	P	1	0	p	P	r	P	f	P	P	1	r
88	ZEBA ABDUL RAQEEB KHAN	P	P	P	P	P	P	"	P	P	P	p	P	P	P	r	P	P	K
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## **Academic Year 2021 – 2022**

### 1) Online Personality Development Mastery

### Course Objectives:

- Develop a strong sense of self-awareness and emotional intelligence.
- Improve verbal and non-verbal communication skills for effective interaction.
- Build and sustain confidence in various life situations.
- Understand and apply principles of personal grooming and etiquette.
- Manage stress effectively and maintain a positive attitude.
- Enhance interpersonal skills and teamwork capabilities in a virtual environment.

#### Course Structure:

Module 1: Introduction to Personality Development (3 hours)

- Online Session: Understanding Personality and Its Components
- Self-Assessment Activity: Discovering Strengths and Weaknesses
- Discussion Forum: Importance of Personality Development in the Digital Age

# Module 2: Self-Awareness and Emotional Intelligence (5 hours)

- Pre-recorded Lecture: Exploring Self-Concept and Emotional Intelligence
- Interactive Quiz: Assessing Emotional Intelligence
- Live Workshop: Techniques for Improving Self-Awareness
- Group Activity: Sharing Personal Growth Stories in a Virtual Setting

# Module 3: Communication Skills in a Digital World (6 hours)

- Online Webinar: Effective Verbal and Non-Verbal Communication
- Virtual Role-Playing: Practicing Active Listening and Effective Speaking
- Discussion Board: Challenges of Digital Communication
- Assignment: Creating a Video Presentation on a Chosen Topic

### Module 4: Building Confidence Online (4 hours)

- Video Tutorial: Confidence Building Techniques
- Peer Feedback Session: Practicing Confidence in Online Presentations
- Self-Reflection Exercise: Overcoming Self-Doubt in a Virtual Environment

### Module 5: Personal Grooming and Etiquette for Virtual Presence (4 hours)

- Online Lecture: Importance of Virtual Grooming and Presence
- Live Session: Dressing and Presenting Yourself Professionally Online
- Etiquette Quiz: Understanding Online Meeting Etiquette
- Practical Assignment: Setting Up a Professional Online Profile

#### Module 6: Stress Management and Positive Thinking (4 hours)

- Pre-recorded Session: Identifying and Managing Online Stressors
- Guided Meditation: Techniques for Relaxation and Focus
- Discussion Forum: Sharing Stress Management Strategies
- Positive Thinking Exercise: Developing a Growth Mindset

## Module 7: Enhancing Interpersonal Skills and Teamwork Virtually (3 hours)

- Live Session: Building Strong Virtual Teams and Relationships
- Group Project: Collaborative Task in a Virtual Team
- Conflict Resolution Activity: Handling Disagreements in Online Settings

# Module 8: Final Assessment and Personal Development Plan (1 hour)

- Live Presentation: Participants Present Their Personality Development Plans
- Peer and Instructor Feedback Session
- Course Wrap-Up and Certification

## Teaching Methodology:

- Live Interactive Sessions via Video Conferencing Platforms
- Pre-recorded Lectures and Tutorials
- Discussion Forums and Peer Interaction
- Self-Assessment Tools and Quizzes

- Virtual Role-Playing and Group Activities
- Guided Meditation and Stress Management Exercises
- Final Project Presentation and Feedback

#### **Evaluation:**

- Continuous Assessment: Participation in Live Sessions and Forums (40%)
- Assignments: Video Presentation and Grooming Task (30%)
- Final Project: Personality Development Plan Presentation (30%)

#### Certification:

Participants will receive a digital certificate upon successful completion of the course, showcasing their enhanced personality development skills tailored for the online environment.

### 2) Course on Life Skills

## Course Objectives:

- Develop emotional intelligence to manage personal and interpersonal relationships.
- Enhance decision-making and critical thinking skills.
- Improve problem-solving abilities.
- Master effective communication techniques.
- Cultivate time management and organizational skills.
- Build resilience and stress management strategies.
- Promote financial literacy and planning.
- Encourage personal development and self-care practices.

## Target Audience:

Students, young professionals, and anyone looking to enhance their life skills.

#### Course Structure:

#### **Module 1: Introduction to Life Skills**

Duration: 2 hours

- Definition and importance of life skills
- Overview of core life skills
- Setting personal goals for the course

### **Module 2: Emotional Intelligence**

Duration: 5 hours

- Understanding emotions and their impact
- Self-awareness and self-regulation
- Empathy and social skills
- Building and maintaining relationships
- Practical exercises and role-playing

### Module 3: Decision-Making and Critical Thinking

Duration: 5 hours

- The decision-making process
- Types of decisions: routine, strategic, and ethical
- Critical thinking and problem-solving techniques
- Case studies and group discussions

#### **Module 4: Communication Skills**

Duration: 5 hours

- Verbal and non-verbal communication
- Active listening and effective speaking
- Public speaking and presentation skills
- Conflict resolution and negotiation
- Communication in the digital age

# **Module 5: Time Management and Organization**

Duration: 4 hours

- Prioritization and goal setting
- Planning and scheduling
- Overcoming procrastination
- Tools and techniques for efficient time management
- Managing work-life balance

### Module 6: Stress Management and Resilience Building

Duration: 4 hours

- Understanding stress and its effects
- Coping mechanisms and relaxation techniques
- Building mental resilience
- Mindfulness and meditation practices
- Practical exercises and group activities

### **Module 7: Financial Literacy and Planning**

Duration: 3 hours

- Basics of personal finance
- Budgeting and saving strategies
- Understanding credit and debt management
- Investment fundamentals
- Long-term financial planning

# **Module 8: Personal Development and Self-Care**

Duration: 2 hours

- Importance of self-care
- Developing a growth mindset
- Setting personal and professional goals
- Creating a self-care routine
- Reflection and course wrap-up

#### Assessment:

- Continuous assessment through participation and activities
- Final project: Develop a personal life skills improvement plan

### Certification:

Participants will receive a certificate of completion after successfully finishing the course and submitting their final project.

### 3) Basic Language Skills Enhancement Program

Course Duration: 33 Hours

Course Overview:

This 30-hour Basic Language Skills Enhancement Program is designed to provide participants with essential language skills that enhance communication in both personal and professional contexts. The course covers fundamental areas such as grammar, vocabulary, reading, writing, listening, and speaking, with an emphasis on practical application. By the end of the course, participants will have improved their ability to express themselves clearly and confidently in everyday situations.

### Target Audience:

- Individuals looking to improve their basic language skills for personal or professional purposes.
- Beginners and intermediate learners who need to strengthen their foundation in language.

# Learning Objectives:

- Develop a solid understanding of basic grammar rules.
- Enhance vocabulary for everyday use.
- Improve reading comprehension and writing abilities.
- Build listening and speaking skills for effective communication.
- Apply language skills in real-world scenarios.

#### Course Outline:

Module 1: Introduction to Language Skills (2 hours)

• Importance of language skills in daily life and career.

- Overview of the four core language skills: listening, speaking, reading, and writing.
- Setting personal language learning goals.

#### Module 2: Grammar Foundations (6 hours)

- **Parts of Speech:** Nouns, pronouns, verbs, adjectives, adverbs, prepositions, conjunctions, and interjections.
- Sentence Structure: Simple, compound, and complex sentences.
- Tenses and Verb Conjugation: Present, past, and future tenses.
- Common Grammar Mistakes: Avoiding common errors in everyday communication.

#### Module 3: Vocabulary Building (4 hours)

- **Everyday Vocabulary:** Expanding vocabulary for common topics (e.g., food, travel, work, family).
- Word Formation: Prefixes, suffixes, and root words.
- Synonyms and Antonyms: Enhancing vocabulary depth.
- **Contextual Usage:** Understanding how to use words appropriately in context.

## Module 4: Reading Comprehension (4 hours)

- **Reading Strategies:** Skimming, scanning, and detailed reading.
- Understanding Texts: Identifying main ideas, supporting details, and making inferences.
- **Reading Practice:** Engaging with a variety of texts (articles, stories, reports).

## Module 5: Writing Skills (6 hours)

- Sentence and Paragraph Writing: Constructing clear and coherent sentences and paragraphs.
- Email and Letter Writing: Writing formal and informal correspondence.
- Creative Writing: Basic storytelling techniques.

• Editing and Proofreading: Techniques for reviewing and improving written work.

### Module 6: Listening Skills (4 hours)

- **Active Listening:** Techniques for better understanding and retaining spoken information.
- **Listening Comprehension:** Practice with different types of audio materials (conversations, speeches, instructions).
- **Note-taking:** Effective methods for taking notes while listening.

#### Module 7: Speaking Skills (4 hours)

- **Pronunciation Practice:** Improving clarity and accuracy in speech.
- Conversational Skills: Engaging in everyday conversations and small talk.
- Public Speaking: Basics of giving short speeches and presentations.
- **Role-playing:** Practicing real-life scenarios to boost confidence.

### Module 8: Application of Language Skills (3 hours)

- **Real-world Scenarios:** Applying skills in simulated situations (e.g., job interviews, customer service, networking events).
- **Group Discussions:** Engaging in group conversations to practice and refine skills.
- **Feedback and Assessment:** Providing constructive feedback and self-assessment of progress.

## Teaching Methods:

- **Interactive Lectures:** To introduce and explain key concepts.
- **Practical Exercises:** Hands-on activities to practice skills.
- **Group Discussions:** Peer-to-peer learning through conversation and feedback.
- Role-playing: Simulating real-world scenarios to build confidence.
- Multimedia Resources: Using audio and visual aids to enhance learning.

#### Assessment:

- **Continuous Assessment:** Regular quizzes and practical exercises to gauge understanding.
- **Final Project:** A short presentation or written assignment demonstrating the application of language skills.
- Participation: Active participation in discussions and role-plays.

#### Materials Provided:

- Course handbook with grammar rules, vocabulary lists, and writing tips.
- Access to online resources for further practice (e.g., reading materials, audio files).
- Worksheets for in-class exercises and homework assignments.

## Certificate of Completion:

Participants who successfully complete the course requirements will receive a certificate of completion, indicating their improved proficiency in basic language skills.

### AISHABAI COLLEGE OF EDUCATION

VALUE ADDED COURSE 2021 -2022 ONLINE PERSONALITY DEVELOPMENT MASTERY (30 HRS)

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#### AISHABAI COLLEGE OF EDUCATION VALUE ADDED COURSE 2021 - 2022

COURSE ON LIFE SKILLS

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63	SHAIKH REHMATUNNISA RAJJAB ALI	r	P	f	p	p	A	ρ	P	P	р	P	P	P	P	P	e	f	Р
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74	TUBA ABU TALIB SHAIKH	r	A	P	P	ø	p	1	P	P	1	1	P	1	p	ρ	ρ	P	ρ
75	UZMA ARIF ALI SAYYED	e	r	p	P	p	p	p	P	P	P	P	P	1	P	P	P	P	P
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#### AISHABAI COLLEGE OF EDUCATION VALUE ADDED COURSE 2021 -22

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## **Academic Year 2020 – 2021**

### 1) <u>Digital Skills for Future Educators</u>

## Course Objectives:

- Equip prospective teachers with essential digital skills.
- Enhance the ability to integrate technology effectively in the classroom.
- Foster a digital-first mindset to improve teaching and learning experiences.

#### Course Outline:

Module 1: Introduction to Digital Literacy (5 hours)

- Session 1: Understanding Digital Literacy
  - Definition and importance of digital literacy in education.
- Session 2: Basic Computer Skills
  - o Operating systems, file management, and software applications.
- **Session 3:** Internet Navigation
  - o Effective browsing, searching, and evaluating online resources.

## Module 2: Educational Technology Tools (8 hours)

- Session 4: Classroom Management Tools
  - o Google Classroom, Microsoft Teams, and other LMS platforms.
- Session 5: Interactive Learning Tools
  - Using Kahoot, Quizlet, and interactive whiteboards.
- **Session 6:** Content Creation Tools
  - Canva, Adobe Spark, and video editing basics.

## Module 3: Integrating Technology in the Curriculum (7 hours)

• Session 7: Digital Lesson Planning

- Creating tech-enhanced lesson plans.
- Session 8: Blended Learning Models
  - o Flipped classrooms and hybrid teaching strategies.
- Session 9: Assessing Students in a Digital Environment
  - Digital assessments and feedback tools.

#### Module 4: Enhancing Student Engagement (5 hours)

- **Session 10:** Gamification in Education
  - o Using games and simulations to engage students.
- Session 11: Social Media as a Learning Tool
  - o Safe and effective use of social media in education.
- Session 12: Virtual Reality and Augmented Reality
  - o Introduction to VR/AR in the classroom.

### Module 5: Digital Ethics and Online Safety (5 hours)

- Session 13: Digital Citizenship
  - o Teaching students about responsible online behavior.
- Session 14: Online Safety and Privacy
  - o Protecting students and teachers online.
- **Session 15:** Cyberbullying Prevention
  - Strategies to address and prevent cyberbullying.

# Module 6: Future Trends in Education Technology (3 hours)

- Session 16: Artificial Intelligence in Education
  - Overview of AI tools and their potential in teaching.
- **Session 17:** The Future of EdTech

o Trends and predictions for the next decade.

#### Assessment:

- **Final Project:** Participants will create a digital lesson plan incorporating tools and strategies learned throughout the course.
- Quizzes: Periodic quizzes to assess understanding of key concepts.

### Certification:

Upon successful completion, participants will receive a certificate in Digital Skills for Future Educators.

### AISHABAI COLLEGE OF EDUCATION

#### Value Added Course 2020 - 2021

DIGITAL SKILLS FOR FUTURE EDUCATORS (35)	HRS
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16	HEEBA AKIL SHAIKH	A	P	9	P	P	P	9	6	P	P	P	P	P	P	P	P	P
17	ISHRAT JAHAN KHAN	9	P	9	P	P	P	P	P	P	P	P	P	Р	P	P	P	P
18	KANIZ FATMA ATHAR ANSARI	P	Р	P	P	P	6	P	P	P	9	9	P	Α	P	P	P	9
19	KASHAF IRFAN SAYYED	P	P	P	Ρ	Р	P	Р	P	P	P	P	P	P	P	P	P	P
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24	NASHRAH IMTIYAZ SHAIKH	P	ρ	P	P	P	P	P	P	P	P	Р	P	P	P	P	P	P
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28	POOJA UPADHYAY	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
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3.	PIRANI	P	P	P	P	9	9	P	P	P	P	P	P	9	P	9	P	P
4	SABAH VASI ABDI	P	E.	P	P	9	P	P	9	6	P	P	P	P	P	P	P	P
5	SADIYA ABDUL NAEEM KHAN	٩	P	9	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	SAIMA BANO SHAIKH	P	P	P	P	P	P	P	P	P	Α	P	P	P	P	P	P	P
7	SAMEERUNISHA VAKIL SHAH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	9	P
В	SAMREEN FATIMA SHAKEEL AHMED SIDDIQUI	P	P	9	P	P	P	P	P	P	P	P	P	P	P	9	P	P
9	SANA SHAKEEL AHMED KHAN	Ä	P	P	P	P	P	Р	P	P	P	P	P	P	P	P	P	P
O.	SHABA CHUADHARY	9	9	P	P	P	P	P	9	P	P	P	P	P	P	P	P	P
1	SHAHNAAZ MIRZA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	9	P
2	SHILPA KUMARI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3	SHWETA ASHOK YADAV	P	P	P	P	Р	P	P	P	P	P	P	P	P	P	P	P	P
4	SYLIVIA DIAS	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	TAIYEBA FIROZ ANSARI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	TEENA JAIN	P	P	P	· P	9	P	P	P	P	P	P	P	Р	P	P	P	P
7	UMME UMARA ABDUL REHMAN KHAN	P	P	Ρ	ŧР	P	Р	Р	P	P	Pŧ	P	P	P	Р	A	P#	P
8	ZIA BI NASEEM AHMED SHAIKH	Ρ	P.	Ρ	P	P	Р	P	P	P	Р	P	P	P	P	P	P	P
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# **Academic Year 2019 – 2020**

#### 1) English Speaking Mastery Course

### Course Objectives:

- Enhance fluency and confidence in spoken English.
- Improve pronunciation, vocabulary, and grammar for everyday communication.
- Develop effective conversation strategies for various contexts.

#### Course Outline:

Module 1: Introduction to Effective Communication (4 hours)

### **Session 1:** Introduction to Speaking in English (2 hours).

- Importance of speaking English
- Overcoming the fear of speaking
- o Self-assessment of current speaking skills

# **Session 2:** Basics of Communication (2 hours)

- Elements of effective communication
- o Body language and non-verbal cues
- o Active listening techniques

# Module 2: Building Vocabulary and Pronunciation (6 hours)

# **Session 3:** Expanding Your Vocabulary (2 hours)

- o Commonly used words and phrases
- o Contextual vocabulary building
- Word games and exercises

3.

# **Session 4:** Pronunciation and Accent Neutralization (2 hours)

- Phonetics and sounds in English
- Common pronunciation errors
- Practice with tongue twisters and pronunciation drills

#### **Session 5:** Vocabulary in Context (2 hours)

- o Topic-based vocabulary (e.g., work, travel, daily activities)
- Using new words in sentences
- Pair and group activities for vocabulary use

#### Module 3: Grammar for Spoken English (6 hours)

### **Session 6:** Essential Grammar for Speaking (2 hours)

- Basic sentence structures
- Tense usage in conversation
- Error correction

#### **Session 7:** Grammar in Context (2 hours)

- Grammar games and activities
- Conversation practice focusing on grammatical accuracy
- Role-play scenarios

# Session 8: Interactive Grammar Workshop (2 hours

- $_{\circ}$  Peer feedback on grammar usage
- o Group discussion to reinforce grammar rules
- Real-life conversation simulations

# Module 4: Developing Conversational Skills (8 hours)

# **Session 9:** Everyday Conversations (2 hours)

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- Greetings and introductions
- Small talk and casual conversations
- Role-play exercises

# **Session 10:** Speaking with Confidence (2 hours)

o Confidence-building techniques

- Handling mistakes while speaking
- Public speaking basics

#### **Session 11:** Conversations in Different Contexts (2 hours)

- Formal vs. informal conversations
- Speaking in professional settings
- o Simulations of workplace conversations

### **Session 12:** Group Discussions and Debates (2 hours)

- o Expressing opinions and ideas clearly
- Moderating and participating in discussions
- Debate practice on contemporary topics

# Module 5: Advanced Speaking Techniques (4 hours)

### **Session 13:** Storytelling and Narrative Skills (2 hours)

- Structuring a narrative
- o Using descriptive language
- Practice with personal and fictional stories

# **Session 14:** Persuasive Speaking and Presentations (2 hours)

- o Techniques for persuasive communication
- o Structuring a speech or presentation
- Practice sessions with feedback

# Module 6: EVALUATION (2 hours)

# **Session 15:** Real-Life Practice Scenarios (1 hour)

- o Practicing English in everyday situations
- o Role-plays in settings like restaurants, shopping, and travel
- o Feedback and improvement tips

# **Session 16:** Final Assessment and Feedback (1 hour)

- Oral assessment of speaking skills
- o Personalized feedback and areas for improvement
- o Certification of course completion

# Teaching Methodology:

- Interactive sessions with a focus on practical usage.
- Group activities, role-plays, and peer feedback.
- Use of multimedia resources to aid learning.
- Continuous assessment through quizzes, presentations, and conversations.

#### Materials Needed:

- Course handbook with key vocabulary, grammar points, and conversation strategies.
- Audio-visual aids for pronunciation practice.
- Access to English-speaking videos, podcasts, and online resources.

#### Assessment and Certification:

- Regular assessments through quizzes and speaking tasks.
- Final oral exam to assess overall improvement.
- Certificate awarded upon successful completion of the course.

# 2) <u>Comprehensive Yoga Course</u>

# Course Objectives:

- To provide students with a strong foundation in yoga philosophy and practice.
- To enhance physical, mental, and emotional well-being through the regular practice of yoga.
- To develop the ability to teach basic yoga classes and incorporate yoga into daily life.

# Target Audience:

- Beginners and intermediate practitioners looking to deepen their understanding of yoga.
- Individuals interested in enhancing their physical and mental health.
- Those considering a future in teaching yoga.

#### Course Structure:

Module 1: Introduction to Yoga (4 hours)

1. **Session 1:** History and Philosophy of Yoga (2 hours)

- Origins of Yoga
- The Eight Limbs of Yoga (Ashtanga Yoga)
- Different Schools of Yoga (Hatha, Vinyasa, Kundalini, etc.)

### 2. **Session 2:** Understanding the Yogic Lifestyle (2 hours)

- Principles of a Yogic Lifestyle
- o Diet and Nutrition in Yoga
- Importance of Mindfulness and Meditation

#### Module 2: Asanas - The Physical Practice (10 hours)

- 1. **Session 3:** Introduction to Asanas (2 hours)
  - o Basic postures (standing, sitting, and lying down)
  - o Alignment and safety principles
  - o Understanding the benefits of each asana

### 2. **Session 4:** Sun Salutations and Basic Flows (2 hours)

- o Sun Salutation A & B (Surya Namaskar)
- Vinyasa Flow basics
- o Building stamina and flexibility

# 3. **Session 5:** Intermediate Asanas and Variations (3 hours)

- Inversions and balances
- Backbends and twists
- Modifications and use of props

# 4. **Session 6:** Developing a Personal Practice (3 hours)

- o Creating a balanced yoga sequence
- o Setting intentions and goals
- o Practice for different times of the day

### Module 3: Pranayama and Meditation (6 hours)

- 1. **Session 7:** Introduction to Pranayama (2 hours)
  - Importance of Breath in Yoga
  - o Basic Pranayama Techniques (Ujjayi, Nadi Shodhana, Kapalabhati)
  - Breath awareness and control
- 2. **Session 8:** Meditation Techniques and Mindfulness (2 hours)
  - Introduction to Meditation
  - Guided Meditation Practices
  - Mindfulness in daily life
- 3. **Session 9:** Advanced Pranayama and Meditation Practices (2 hours)
  - Advanced Breathwork Techniques
  - Deepening Meditation
  - o Combining Pranayama and Meditation for stress relief

### Module 4: Anatomy and Physiology (4 hours)

- 1. **Session 10:** Understanding the Human Body in Yoga (2 hours)
  - o Basic anatomy relevant to yoga (spine, muscles, joints)
  - The impact of yoga on the body's systems (nervous, circulatory, respiratory)
  - Common injuries and how to avoid them
- 2. **Session 11:** The Subtle Body in Yoga (2 hours)
  - Chakras, Nadis, and Kundalini
  - Energy flow and its significance in yoga
  - o Balancing the subtle body

# Module 5: Teaching Methodology and Ethics (4 hours)

1. **Session 12:** Principles of Teaching Yoga (2 hours)

- o Role of a yoga teacher
- Effective communication and instruction
- Adjustments and assists

### 2. **Session 13:** Ethics and Professionalism in Yoga (2 hours)

- The Yamas and Niyamas in teaching
- o Building a respectful and inclusive environment
- Business aspects of yoga (if applicable)

#### Module 6: Practicum and Assessment (2 hours)

- 1. **Session 14:** Practical Teaching Experience (2 hours)
  - o Students design and teach a short yoga class
  - Peer and instructor feedback
  - Self-assessment and reflection

#### Course Materials:

- Yoga mats, blocks, straps, and other props
- Handouts on yoga philosophy, anatomy, and asana instructions
- Access to online yoga videos for home practice

#### Assessment:

- Continuous assessment through participation and practice
- Practical assessment through teaching a short yoga class
- Reflection papers on personal practice and learning

#### Certification:

• Upon successful completion, participants will receive a certificate of completion.

# 3) Online Mastery in Communication Skills and Language Development

#### Course Objectives:

- Develop effective verbal and non-verbal communication skills.
- Improve language proficiency, including grammar, vocabulary, and pronunciation.
- Enhance listening and speaking abilities for better interpersonal communication.
- Build confidence in public speaking and presentations.
- Learn strategies for effective written communication.

#### Course Structure:

The course is divided into six modules, each consisting of five hours of instruction, practice, and activities.

#### Module 1: Introduction to Communication

- **Session 1 (1 Hour):** Understanding Communication The Process, Types, and Importance
- Session 2 (1 Hour): Barriers to Effective Communication and How to Overcome Them
- **Session 3 (1 Hour):** The Role of Non-Verbal Communication (Body Language, Eye Contact, etc.)
- Session 4 (1 Hour): Listening Skills Techniques and Importance
- Session 5 (1 Hour): Self-Assessment of Communication Skills

# Module 2: Language Proficiency

- Session 1 (1 Hour): Basics of Grammar and Sentence Structure
- Session 2 (1 Hour): Expanding Vocabulary Techniques and Practice
- Session 3 (1 Hour): Pronunciation and Accent Neutralization
- Session 4 (1 Hour): Practice Exercises in Grammar and Vocabulary
- Session 5 (1 Hour): Feedback and Improvement Strategies

#### Module 3: Verbal Communication Skills

- **Session 1 (1 Hour):** The Art of Conversation Engaging and Maintaining Discussions
- Session 2 (1 Hour): Asking Questions and Active Listening
- Session 3 (1 Hour): Expressing Opinions and Persuasion Techniques
- Session 4 (1 Hour): Role-Playing Exercises to Practice Conversations
- Session 5 (1 Hour): Peer Feedback and Reflection

#### Module 4: Non-Verbal Communication Skills

- Session 1 (1 Hour): Understanding and Using Body Language
- Session 2 (1 Hour): The Role of Facial Expressions and Gestures
- Session 3 (1 Hour): Building Confidence Through Posture and Eye Contact
- **Session 4 (1 Hour):** Practicing Non-Verbal Communication in Different Scenarios
- Session 5 (1 Hour): Group Activities and Peer Review

### Module 5: Public Speaking and Presentations

- Session 1 (1 Hour): Overcoming Stage Fright and Building Confidence
- Session 2 (1 Hour): Structuring Your Speech or Presentation
- Session 3 (1 Hour): Using Visual Aids Effectively
- Session 4 (1 Hour): Practice Sessions for Public Speaking
- Session 5 (1 Hour): Feedback and Performance Review

#### Module 6: Effective Written Communication

- Session 1 (1 Hour): Writing Emails, Reports, and Professional Documents
- Session 2 (1 Hour): Understanding the Tone and Style of Writing
- Session 3 (1 Hour): Editing and Proofreading Techniques
- Session 4 (1 Hour): Writing Exercises and Peer Reviews
- Session 5 (1 Hour): Final Assessment and Improvement Plan

#### Assessment and Evaluation:

• Quizzes: After each module, a short quiz to assess understanding.

- Assignments: Written and verbal assignments throughout the course.
- **Final Project:** A comprehensive project involving a presentation and written report.
- **Participation:** Active participation in role-plays, discussions, and group activities.

#### Resources and Materials:

- Course handouts and reading materials.
- Access to online language development tools.
- Videos and podcasts for listening practice.
- Practice exercises and worksheets.

#### Certification:

Participants who successfully complete the course will receive a certification of completion, highlighting their proficiency in communication skills and language development.